



Lincoln Trail

Area Development District  
~ established 1968 ~

# COMMUNITY RESOURCE — DIRECTORY —



**Serving Breckinridge, Grayson,  
Hardin, LaRue, Marion, Meade,  
Nelson, and Washington Counties**

Lincoln Trail Area Agency on Aging and  
Independent Living Provides information,  
assistance, and outreach for all community  
resources.

# Washington

## **Abuse, Neglect, Exploitation, or Domestic Violence**

### **Advocacy & Support Center 270-234-9236**

Services available to child, teen, or adult victims of rape or sexual abuse, as well as non-offending family members. Education programs available to any interested group.

### **The Caring Place: A Center for Abused Women And Children, Inc. 270- 692-9300**

The Caring Place provides information, counseling, legal advocacy and referral services to victims of domestic violence—available 24 hours a day.

### **Crime Victim Advocate Commonwealth's Attorney Office 270-789-6802**

Help victims understand their rights and keep informed of all court dates. Accompany victims and witnesses to court. Provide emotional support and help file for financial aid through the Crime Victim Compensation Board. Notify victims when criminals are released into custody. Inform victims and witnesses of all probation or parole hearings so they may have input to the process. Identify services needed by victims, witnesses, and their families and refer to appropriate agencies.

### **Family Support Services 859-336-9395**

Adoption, Foster Care, Adult Services, Protective Services, Family Services, Juvenile Services and Day Care Services. Investigates reports of possible abuse/neglect of children and adults. Placement planning for the elderly.

### **SpringHaven, Inc. 270-765-4057**

24 hour crisis line, emergency shelter, individual counseling, support groups, legal and other advocacy, information and referral, community education, and professional training.

## **Housing**

### **Central Kentucky Community Action/Section 8 Certificate & Voucher Program**

859-336-7766

Referral only for rental subsidy programs to facilitate low-income families with decent, safe, and sanitary housing. The program uses existing housing stock to house low-income families.

### **Springfield Housing Authority 859-336-7645**

### **Springdale Apartments 859-336-7931**

### **Housing Authority 859-336-7645**

Rental subsidy program designed to facilitate low-income families with decent, safe, and sanitary housing. The program uses existing housing stock to house low-income families.

### **Rural Development USDA 270-769-1555**

Housing Purchase and Repair Loans. Housing Repair Loan and Grants.

### **Springdale Apartments 859-336-7931**

### **Hill Top 859-336-7645**

### **Melavin Circle 859-336-7645**

## **Adult Day**

### **Active Day, Inc 502-350-0663**

A comprehensive program that provides a variety of health, social and related support services in a protective setting. Assists participants to remain in the community. Respite services available on an as needed basis.

## **Aging Services and Senior Centers**

**Lincoln Trail Area Agency on Aging and Independent Living** 270-737-6082 or  
800-264-0393

**Washington County Senior Center** 859-336-0909

**Senior Companion Program (SCP)** 270-734-3604

Light house cleaning, short distance transportation, companionship, and respite. These services are provided by volunteers at no charge to eligible clients.

**Mom's Meals NourishCare** 866-204-6111

Mom's Meals is a USDA approved and inspected fresh food preparation and delivery business dedicated to providing great tasting, nutritionally sound, FRESH meals to its customers. Meals are prepared, packaged and shipped, ready to heat meals to a customer's doorstep throughout the United States.

## **Assisted Living**

**Willowcreek** 270-765-4414

**Beehive Assisted Living** 270-422-7990

Respite care and assisted living with a completely furnished bedroom or can mix and match with own furniture.

**Bluegrass Assisted Living** 502-349-2026

Assisted living for elderly. 24 hour care. All meals and personal care are included. Furnished private rooms with bath; residential family-style. Secured Alzheimer's unit is also available.

**Windsor Gardens Assisted Living Community** 502-349-6214

Independent living patio homes with garage. Assisted Living apartments. Paddington Place for Dementia care, Skilled Nursing Care.

## **Childcare Services**

**Community Coordinated Child Care (4-C)** 502-636-13680 or 800-636-1488

Child Care Subsidy Program; Child Care referrals; technical assistance and state mandated training for child care providers; resource library for providers and parents; recruitment of family child care providers and serving as a VOICE for children everywhere.

**First Steps Kentucky's Early Intervention System** 270-737-5921 or 800-678-1879

Service coordination, evaluation, assessment, developmental intervention, respite, speech/language, nutrition, vision/hearing, IFSP, occupational therapy, physical therapy, transportation, assistive technology, health services.

**The Life Connection, Inc.** 270-324-4956

Community-based; residential long-term placements for children and adults; speech, recreational, psychological, behavior modification/management; living skills, and sex offenders therapy for the M.R./D.D.



## **Disability Services**

**Kentucky Commission for Children with Special Health Care Needs** 270-766-5370  
or 800-995-6982

Provides clinical services and case management for children with chronic health problems including hearing, vision, seizure disorders, orthopedic problems and more. Provides medication, physician visits and follow-up, some physical and occupational therapy, equipment, surgeries and bracing, hearing, speech and language evaluations. Speech and language therapy available to clients not enrolled in the clinic.

**Office for the Blind** 270-766-5126

Medical evaluation, counseling, corrective surgery, guidance, visual aids, and assistance in employment for the blind.

## **Education Resources**

**Washington County School District** 859-336-5470

**Central Kentucky Head Start Program** 270-692-2136

Pre-School curriculum and related activities. 3 and 4 years old; low income and/or handicapped.

**Elizabethtown Community & Technical College** 270-769-2371

Educational courses, business and industrial training. Also provide meeting rooms for non-profit agencies.

**Experience Works** 800-901-7965 or 270-766-5115

Older worker training services include computer courses designed and matched to individual job development needs. Provide additional training in “soft skills” such as interviewing, resume preparation, and test preparation. Individuals may qualify for scholarships based on income, age, and status. As funding is available, some jobs are also offered.

**County Cooperative Extension Services** 859-336-7741

As the University of Kentucky education and information arm, the Cooperative Extension Service translates University research into practical information that is used everyday by urban as well as rural Kentuckians. The main areas include: Agriculture/Horticulture, Home Economics, 4-H/Youth Development, and Rural & Economic Development. Free literature related to these areas and soil testing are available.

## **Emergency Services (food, financial, clothing and Shelter)**

### **Community Action 859-336-7766**

Emergency Assistance, utilities, rent, food bank, Garden Program, Youth Enrichment Program, Federal Emergency Management Program (FEMA), Low Income Housing Energy Assistance Program (LIHEAP), Wintercare Program, GED Program and Weatherization Program.

### **Department for Community Based Services 855-306-8959**

Food Stamp program, Medicaid assistance, K-TAP for families with children under 18 years of age, an absent parent, or parent unable to work.

### **Feeding America 270-769-6997**

Provide food to agencies who in turn give to the needy, poor, and hungry

### **Advocacy & Support Center 270-234-9236**

Crisis Counseling; Therapy Services; Community Education/Awareness Program; Information and Referrals; Medical Advocacy; Victim Advocacy; Assistance filing Victim's Compensation claims.

### **SpringHaven, Inc. 800-767-5838 or 502-827-2248**

24-hour crisis line, emergency shelter, individual counseling, support groups, legal and other advocacy, information and referral, community education, and professional training.

### **Clothing Voucher 859-336-7766**

Provides a voucher up to \$50 in value that can be exchanged at Goodwill for clothing.

## **Employment**

### **Division of Workforce & Employment Services 859-336-3281**

Application and placement services for job seekers. Employer job listing. Employment and placement testing. Job training programs. Referral to education and training. Job search assistance for special groups such as welfare recipients. Dislocated worker assistance. Referral to other agencies.

### **Experience Works 800-901-7965**

Older worker training services include computer courses designed and matched to individual job development needs. Provide additional training in “soft skills” such as interviewing, resume preparation, and test preparation. Individuals may qualify for scholarships based on income, age, and status. As funding is available, some jobs are also offered.

## **Home Health & Hospice Services**

### **Caretenders 270-234-2273**

Registered nurse, physical therapist, occupational therapist, speech therapist, medical social worker, home health aide, registered dietitian, community-based waiver respite, orthopedic program (joint replacement), cardiocare program, urology program, psych nursing program.

### **Encompass Home Health Care 800-866-9696**

Skilled nursing, which includes patient education and training, treatments and procedures, skilled observation and assessment of patient condition.

### **Hospice of Green River 270-789-4247**

### **VNA Nazareth Home Health 800-633-9844 or 800-777-3992**

Registered Nurse, Physical Therapist, Occupational Therapist, Speech Therapist, Medical Social Worker, Home Health Aide, Registered Dietician, laboratory services and medical supplies.

### **Home Instead Senior Care 866-942-7272**

Meal preparation, medication reminders, laundry, light housekeeping, escort for shopping and errands, respite care, and companionship services.

### **Tender Touch Senior Services, Inc. 270-765-3332**

Light housekeeping, meal preparation, transportation, medicine reminders, personal care, respite care, 2 hours to 24/7 care, errands/shopping for groceries/doctor appointments, laundry, and companionship.

### **Visiting Angels of Lincoln Trail 502-348-0377**

In-home, non-medical personal assistance which includes meal preparation, light housekeeping, bathing, personal hygiene, errands/shopping, transportation, medication reminders, and companionship. Temporary or long-term assistance provided.

## **Juvenile Services**

### **Association for Retarded and Handicapped of Hardin County 270-737-1140**

Teach individuals a skill and work on daily tasks

### **Sunrise Children Services 270-737-3888**

Individual (males ages 14 – 18 only) and group therapy, Family Counseling (with resident's families), Independent Living, On-Grounds School.

### **Child Support Enforcement Division 270-766-5085**

Information, legal forms for assistance with establishing paternity, locating absent parents, or establishing enforcement orders, contact the county attorney's office.

### **Communicare Children's Crisis Stabilization Unit 270-360-0419**

Mental Health Emergency/Crisis Evaluation of children ages 4-17, 24 hours per day, 7 days per week. The Crisis Unit is a residential 8-bed facility that provides an alternative to inpatient psychiatric hospitalization. Individual, family, and group therapy are available daily. Psychiatric evaluation with a child psychologist is available as needed for each child admitted to the unit.

### **Communicare Children's Outpatient Counseling 270-769-1304**

Individual and family counseling for school aged children and adolescents. Psychiatric consultation and medication management also available in conjunction with counseling.

### **Communicare Early Childhood Program 270-737-5676**

Mental health services and referral for children ages birth to 5 years old. Primarily counseling and education for behavioral and mental health issues.

### **Sunrise Children's Services Glen Dale Children's Home 502-538-1429 or**

800-456-1386

Kentucky youth in state's care. Private placements.

## **Legal and Ombudsmen Services**

**Legal Aid Society** 502-584-1254 or 800-292-1862

Legal services, court appearances, advice and representation. Benefits Counseling to include assistance with accessing and interpreting benefits/resources.

**Long Term Care Ombudsman** 502-965-8304

**Protection and Advocacy Division** 800-564-2967 or 800-372-2988

Provides legally based advocacy services to Kentuckians with disabilities.

## **Long Term Care/ Rehabilitation**

**Cedars of Lebanon Nursing Home 270-692-3121**

**Colonial Health & Rehab Center 502-348-9260**

**Loretto Motherhouse Infirmary 270-865-5811**

**Signature Healthcare at North Hardin Rehab and Wellness Center 270-351-2999**

**Sansbury Care Center 859-336-3974**

**Springfield Nursing & Rehab Center 859-336-7771**

**Springview Health & Rehab Center 270-259-4036**

**Signature Healthcare of Sunrise Manor 270-358-3103**

**Windsor Gardens Nursing Facility 502-349-6214**



## **Medical/Urgent Care**

**Washington County Health Department 859-336-3989**

**Spring View Industrial Choice Healthcare 270-692-2569**

**Spring View Clinic 859-336-0771**

**Clark Regional Medical Center 859-745-3500**

**Community Hospital 606-523-5150**

**Cumberland County Hospital 270-864-2511**

## **Mental Health Services**

**Communicare 270-756-5816**

**Alcohol/Drug Abuse Recovery Center 270-765-5145**

**Mental Health Case Management Services 270-769-1304**

**Astra Behavioral Health Day Treatment 270-750-9622**

**Tranquility Program 270-756-0707**

**Lincoln Trail Behavioral Health System 270-351-9444**

## **Support Groups**

**Greater Kentucky and Southern Indiana Allzhermier's Support 502-451-4266**

**Southeast Christian Church - Elizabethtown Campus 270-506-4630**

**Clarity Solutions 270-234-1122**

**Arthritis Foundation 502-585-1866**

**Severns Valley Baptist Church 270-765-7822**

**Hosparus Health Central Kentucky 270-737-6300**

**Recovery Works Elizabethtown 270-982-1244**

**Stepworks 800-545-9031**

## **Transportation**

**Community Action Washington County 859-336-7766**

## **Volunteer**

**United Way of Central Kentucky 270-737-6608**