



Lincoln Trail

Area Development District  
~ established 1968 ~

# COMMUNITY RESOURCE — DIRECTORY —



**Serving Breckinridge, Grayson,  
Hardin, LaRue, Marion, Meade,  
Nelson, and Washington Counties**

Lincoln Trail Area Agency on Aging and  
Independent Living Provides information,  
assistance, and outreach for all community  
resources.

# Nelson

## **Abuse, Neglect, Exploitation, or Domestic Violence**

### **Advocacy & Support Center 270-234-9236**

Services available to child, teen, or adult victims of rape or sexual abuse, as well as non-offending family members. Education programs available to any interested group.

### **Adult Protection Services/Child Protection Services 877-597-2331**

Provides consultation and state program guidance for child protective services cases.

### **Crime Victim Advocate Commonwealth's Attorney Office 502-348-1111**

Help victims understand their rights and keep informed of all court dates. Accompany victims and witnesses to court. Provide emotional support and help file for financial aid through the Crime Victim Compensation Board. Notify victims when criminals are released into custody. Inform victims and witnesses of all probation or parole hearings so they may have input to the process. Identify services needed by victims, witnesses, and their families and refer to appropriate agencies.

### **SpringHaven, Inc. 270-765-4057**

24 hour crisis line, emergency shelter, individual counseling, support groups, legal and other advocacy, information and referral, community education, and professional training.

### **Silverleaf Sexual Trauma: 270-234-9236**

Silverleaf Sexual Trauma Recovery Services is a non-profit organization dedicated to reducing the trauma experienced by victims of sexual abuse and sexual assault.

### **Tri-County CASA 270.246.1256**

Court appointed advocates for abused and neglected children.

### **Clarity Solutions For Women 270 .234.1122**

Assists with women involved in crisis pregnancy situations, programs, classes and assistance geared toward helping the woman endure pregnancy and the babies first year of life.

### **The Kentucky Coalition Against Domestic Violence (KCADV) 502-209-5382**

Provides a strong, statewide voice on behalf of survivors and their children. KCADV administers \$13 million in state and federal funds to its 15 member programs, runs a Certification Program for all domestic violence program staff including 30 hours of classroom instruction, and operates an Economic Empowerment Program serving survivors across the state.

## **Housing**

### **Central Kentucky Community Action/Section 8 Certificate & Voucher Program**

502-349-1134

Referral only for rental subsidy programs to facilitate low-income families with decent, safe, and sanitary housing. The program uses existing housing stock to house low-income families

### **Rural Development USDA 270-769-1555**

Housing Purchase and Repair Loans. Housing Repair Loan and Grants.

### **Nelson County Housing Authority 502-348-3525**

## **Senior Housing Apartments**

**Ashberry Manor** 502-349-7159

**Nazareth Village** 502-348-4911

**Bardstown Village** 502-348-2480

**Perkins Place** 270-765-2605

**New Haven Greens Apartments** 502-549-5344

**Colonial Woods Apartments** 502-331-6047

**Creekview Apartments** 502-252-5289

**Bardstown Farms Apartments** 502-348-2118

## **Adult Day Services**

### **Active Day, Inc. 270-763-9192**

A comprehensive program that provides a variety of health, social and related support services in a protective setting. Assists participants to remain in the community. Respite services available on an as needed basis.

### **New Age Adult Day Services 270-422-7777**

Meals, planned activities, professional staff, special needs (infants to seniors), family support groups, transpiration, full time nurse, and therapy.

## **Aging Services & Senior Centers**

### **Lincoln Trail Area Agency on Aging and Independent Living 270-737-6082**

The Area Agency on Aging is the regional planning and administration agency for the Older Americans Act and Kentucky Aging Programs. The Agency provides information on area resources and contracts for delivery of a variety of programs for the elderly, including home and community services. They also provide benefits counseling to include assistance with accessing and interpreting benefits/resources.

### **Social Security Administration 800-772-1213**

### **Nelson County Senior Center 502-348-1888**

Persons 60 years of age and older, a spouse of a person aged 60, or the disabled adult child of an eligible participant 60 or over receive hot meals.

### **Senior Companion Program 270-734-3604**

Provide seniors one-on-one interaction, helping to ease loneliness, boost self-esteem, solve problems and build friendships along the way. Volunteers perform a variety of helpful tasks including light meal preparation, housecleaning, transportation and respite care, allowing more of our seniors to continue living independently in their own homes. Volunteers do not serve as home health aides, psychologists, social workers, personal drivers or domestics.

### **Department for Aging and Independent Living 502-564-6930**

Oversees and monitors the administration of programs and services at the local and regional level, establishes policy and advocates on behalf of Kentucky's elders and people with disabilities. DAIL works to support and enhance freedom of choice and independence.

### **Mom's Meals 1-877-508-6667**

Mom's Meals is a USDA approved and inspected fresh food preparation and delivery business dedicated to providing great tasting, nutritionally sound, FRESH meals to its customers. Meals are prepared, packaged and shipped, ready to heat meals to a customer's doorstep throughout the United States.

## **Assisted Living**

**Cooper Trail Senior Living** 502-572-4329

**Hometown Manor Assisted Living Community** 502-348-4663

**Signature HealthCARE at Colonial Rehab & Wellness Center** 502-348-9260

**Bluegrass Assisted Living** 502-373-6619

**Windsor Gardens Senior Living** 502-349-6214



## **Attendant Care Services**

### **HomeInstead Senior Care 502-352-7272**

Meal preparation, medication reminders, laundry, light housekeeping, escort for shopping and errands, respite care, and companionship services.

### **Tender Touch Senior Services, Inc. 270-765-3332**

Light housekeeping, meal preparation, transportation, medicine reminders, personal care, respite care, 2 hours to 24/7 care, errands/shopping for groceries/doctor appointments, laundry, and companionship.....anything to make life easier and safer for the senior adult and/or the caregiver.

### **VNA Nazareth Home Health 502-584-2456**

### **Personal Care Attendant Program 502-229-2979**

### **Right At Home 502-897-0580**

Right at Home is an in-home-care and assistance for seniors and individuals with disabilities, helping them to age in place. Our services are personalized and can include help with daily living activities, personal hygiene, meal preparation, companionship, medication reminders, and transportation. Right at Home focuses on improving quality of life through compassionate, trained caregivers and offers flexible care plans to meet individual needs in various settings, including private homes or assisted living facilities.

## **Childcare Services**

### **Community Coordinated Child Care (4-C) 502-636-1358**

Child Care Subsidy Program; Child Care referrals; technical assistance and state mandated training for child care providers; resource library for providers and parents; recruitment of family child care providers and serving as a VOICE for children everywhere.

### **New Vista Kentucky's Early Intervention System 270.737.5921**

Kentucky's Early Intervention System serves children from birth to age three who have a developmental delay or a medical condition known to cause a delay.

### **The Life Connection 270-491-2121**

Community-based; residential long-term placements for children and adults; speech, recreational, psychological, behavior modification/management; living skills, and sex offenders therapy for the M.R./D.D.

### **Division of Child Care 502-564-2524**

The Division of Child Care (DCC) helps child care programs. We support plans that help grow and improve child care services and resources in our state.

## **Disability Services**

### **Commission for Children 270-766-5370**

Provides clinical services and case management for children with chronic health problems including hearing, vision, seizure disorders, orthopedic problems, and more. Provides medication, physician visits and follow-up, some physical and occupational therapy, equipment, surgeries and bracing, hearing, speech and language evaluations. Speech and language therapy available to clients not enrolled in the clinic.

### **Division of Maternal and Child Health 502-564-2154**

Provide leadership, in partnership with key stakeholders, to improve the physical and social-emotional health, safety and well-being of all Kentucky women, infants, children, adolescents and their families.

### **Office for Children with Special Health Care Needs 502-429-4430**

Provides comprehensive care to children and youth with special health care needs who are KY residents, younger than 21, meet financial/medical eligibility.

### **Office for the Blind 270-766-5126**

Medical evaluation, counseling, corrective surgery, guidance, visual aids, and assistance in employment for the blind.

### **Project Learn 270-737-1140**

### **Commonwealth Council on Developmental Disabilities 502-564-7841**

### **Autism Society of America 800-328-8476**

### **Association of University Centers on Developmental Disabilities 301-588-8252**

### **LifePlan of Kentucky 859-523-2323**

## **Education**

**Elizabethtown Community and Technical College 270-769-2371**

Educational courses, business and industrial training. Also provide meeting rooms for non-profit agencies.

**Nelson County Family Resource & Youth Service Centers 502-349-7000**

**Bardstown City Schools 502-331-8800**

**Nelson County Cooperative Extension Office 502-348-9204**

Community education on financial, parenting, nutrition, and other living skills.

**Office of Vocational Rehabilitation 270-766-5121**

**Workforce Solutions 270-737-2731**

Provides training for the workforce along with community education classes.

**Lincoln Trail Career Center 270-766-5115**

Assistance for job searching, training, adult education, GED testing, Vocational Rehabilitation, career planning, and computer access.

**Goodwill Opportunity Center 270-506-4950**

**Nelson County Health Department 502-348-3222**

Child health, WIC, Immunizations, health and nutrition education, clinic services, family planning, cancer and heart screenings, and birth certificates.

**Nelson County Public Library 502-348-3714**

## **Food & Emergency Services**

**Nelson County Community Action Agency.** 502-348-9596

**Feeding America Kentucky's Heartland** 270-769-6997

Distributor of emergency food assistance, commodity supplemental food, backpack program, disaster relief, etc.

**Nelson County EMS** 502-348-4929

**Nelson County Sheriff's Office** 502-348-1840

**Bardstown Police Department** 502-348-3163

**Bardstown Fire Department** 502-349-6562

## **Employment Services**

**Kentucky Career Center** 270-766-5115

**Experience Works** 800-901-7965

Older worker training services include computer courses designed and matched to individual job development needs. Provide additional training in “soft skills” such as interviewing, resume preparation, and test preparation. Individuals may qualify for scholarships based on income, age, and status. As funding is available, some jobs are also offered.

## **Home Health & Hospice**

**Caretenders** 270-859-0162

**Visiting Angels of Lincoln Trail** 502-348-0377

**Hosparus** 270-737-6300

## **Juvenile Services**

**Kentucky Child Support** 270-580-4141

**Family & Juvenile Services** 502-573-2350

The Department of Family & Juvenile Services is dedicated to improving the lives of children and families involved in Kentucky's juvenile justice and child welfare systems. FJS provides direct services to children and family and offers education, programming and technical support to the judges and court personnel who handle juvenile and family law cases.

**Nelson County Juvenile Justice** 502-349-0473

**Child Crisis Stabilization Unit** 270-756-5816

The Children's Crisis Unit is a 12-bed, 24-hour alternative to inpatient psychiatric hospitalization. It is a non-medical unit with the goal of helping youth ages 4 to 18 return to pre-crisis level of functioning. Youth admitted to the unit receive a combination of individual therapy, family and group therapy, nursing services, and psychiatric evaluations with medication management follow-up.



## **Legal/Ombudsman Services**

### **Legal Aid Society 502-584-1254**

Legal Aid Society's mission is to make justice accessible to all, regardless of financial status. We provide free civil legal help on issues related to income, family, housing, safety, and health.

### **Long Term Care Ombudsman 859-277-9215**

The Kentucky Long-Term Care Ombudsman program advocates for residents of nursing homes, personal care homes and family care homes, improving care and encouraging positive change at all levels.

### **Office of the Ombudsman 866-596-6283**

The Commonwealth Office of the Ombudsman is dedicated to investigating complaints about any Cabinet for Health and Family Services employee or program received.

### **Protection and Advocacy Division 502-564-2967**

Kentucky Protection and Advocacy, a Division within the Department of Public Advocacy, protects and promotes the rights of Kentuckians with disabilities through information and referral, and legal individual and systemic advocacy and education.

## **Long-Term Care Facilities**

**Signature Healthcare Colonial Health and Rehabilitation Center 502-348-9260**

**Landmark of Bardstown 502-348-4220**

## **Medical/Urgent Care**

**Flaget Memorial Hospital 502-350-5000**

**CHI Saint Joseph Medical Group - Primary Care 502-350-5081**

**McCoy Primary Care 502-348-4757**

**Nelson County Health Department 502-348-3222**

## **Mental Health Services**

**Communicare 502-348-9206**

**Lincoln Trail Behavioral Health System 270-351-9444**

**Lemon-Aid Mental Health Services 502-331-5478**

## **Support Groups**

**Greater Kentucky and Southern Indiana Allzhermier's Support** 502-451-4266

**Southeast Christian Church - Elizabethtown Campus** 270-506-4630

**Clarity Solutions** 270- 234-1122

**Arthritis Foundation** 502-585-1866

**Severns Valley Baptist Church** 270-765-7822

**Hosparus Health Central Kentucky** 270-737-6300

**Recovery Works Elizabethtown** 270-982-1244

**Stepworks** 800-545-9031

## **Transportation**

**Community Action Bardstown 502-348-9596**

## **Volunteer**

**Nelson County Animal Shelter** 502-348-1865

**United Way of Central Kentucky** 270-737-6608