



Lincoln Trail

Area Development District
~ established 1968 ~

COMMUNITY RESOURCE — DIRECTORY —



**Serving Breckinridge, Grayson,
Hardin, LaRue, Marion, Meade,
Nelson, and Washington Counties**

Lincoln Trail Area Agency on Aging and
Independent Living Provides information,
assistance, and outreach for all community
resources.

Meade

Abuse, Neglect, Exploitation, or Domestic Violence

Advocacy & Support Center 270-234-9236

Services available to child, teen, or adult victims of rape or sexual abuse, as well as non-offending family members. Education programs available to any interested group.

Crime Victim Advocate Commonwealth's Attorney Office 270-422-4848

Adult Protection Services/Child Protection Services 877-597-2331

Provides consultation and state program guidance for child protective services cases.

The Caring Place: A Center for Abused Women And Children, Inc. 270-692-9300 or 800-692-9394

The Caring Place provides information, counseling, legal advocacy and referral services to victims of domestic violence—available 24 hours a day.

SpringHaven, Inc. 270-765-4057

24 hour crisis line, emergency shelter, individual counseling, support groups, legal and other advocacy, information and referral, community education, and professional training.

Silverleaf Sexual Trauma: 270-234-9236

Silverleaf Sexual Trauma Recovery Services is a non-profit organization dedicated to reducing the trauma experienced by victims of sexual abuse and sexual assault

Tri-County CASA 502-744-3137

Court appointed advocates for abused and neglected children.

Clarity Solutions For Women 270-234-1122

Assists with women involved in crisis pregnancy situations, programs, classes and assistance geared toward helping the woman endure pregnancy and the babies first year of life.

The Kentucky Coalition Against Domestic Violence (KCADV) 502-209-5382

Provides a strong, statewide voice on behalf of survivors and their children. KCADV administers \$13 million in state and federal funds to its 15 member programs, runs a Certification Program for all domestic violence program staff including 30 hours of classroom instruction, and operates an Economic Empowerment Program serving survivors across the state.

Housing

Central Kentucky Community Action/Section 8 Certificate & Voucher Program
270-422-2545

Referral only for rental subsidy programs to facilitate low-income families with decent, safe, and sanitary housing. The program uses existing housing stock to house low-income families

Kentucky Housing Corporation 502-564-7630/800-633-8896

Meade County Housing Authority 270-422-2545

Rural Development USDA 270-769-1555

Housing Purchase and Repair Loans. Housing Repair Loan and Grants.

Senior Housing Apartments

Brandenburg Apartments 606-683-3100

Langdon Apartments I / II 502-49-2422

Lone Oak Apartments 606-683-3100

Maple Grove Apartments 270-422-4420

Adult Day Services

Active Day, Inc. 502-350-0663

A comprehensive program that provides a variety of health, social and related support services in a protective setting. Assists participants to remain in the community. Respite services available on an as needed basis.

New Age Adult Day Services 270-422-7777

Meals, planned activities, professional staff, special needs (infants to seniors), family support group, transportation, full-time nurse, therapy services. Free trial visit.

Horizon Adult Health Care 877-589-3053

Horizon Adult Health Care provides constant day supervision that addresses safety while enhancing the quality of their time.

Aging Services & Senior Centers

Lincoln Trail Area Agency on Aging and Independent Living 270-737-6082

The Area Agency on Aging is the regional planning and administration agency for the Older Americans Act and Kentucky Aging Programs. The Agency provides information on area resources and contracts for delivery of a variety of programs for the elderly, including home and community services. They also provide benefits counseling to include assistance with accessing and interpreting benefits/resources.

Social Security Administration 866-596-7123 or 800-772-1213

Heart Supported Living 502-229-5211

Meade County Senior Center 270-422-5200

Persons 60 years of age and older, a spouse of a person aged 60, or the disabled adult child of an eligible participant 60 or over receive hot meals.

Department for Aging and Independent Living 502-564-6930

Oversees and monitors the administration of programs and services at the local and regional level, establishes policy and advocates on behalf of Kentucky's elders and people with disabilities. DAIL works to support and enhance freedom of choice and independence.

Mom's Meals 1-877-508-6667

Mom's Meals is a USDA approved and inspected fresh food preparation and delivery business dedicated to providing great tasting, nutritionally sound, FRESH meals to its customers. Meals are prepared, packaged and shipped, ready to heat meals to a customer's doorstep throughout the United States.

Assisted Living

BeeHive Assisted Living 270-422-7990

A leader in the assisted living and memory care services. Beehive Homes is a senior living home in a residential setting.

Attendant Care Services

HomeInstead Senior Care 270-766-1866 or 866-942-7272

Meal preparation, medication reminders, laundry, light housekeeping, escort for shopping and errands, respite care, and companionship services.

Tender Touch Senior Services, Inc. 270-765-3332

Light housekeeping, meal preparation, transportation, medicine reminders, personal care, respite care, 2 hours to 24/7 care, errands/shopping for groceries/doctor appointments, laundry, and companionship.....anything to make life easier and safer for the senior adult and/or the caregiver.

VNA Nazareth Home Health 502-584-2456

Lifeline Home Care, Inc 270-360-8227

Right At Home 502-897-0580

Right at Home is an in-home-care and assistance for seniors and individuals with disabilities, helping them to age in place. Our services are personalized and can include help with daily living activities, personal hygiene, meal preparation, companionship, medication reminders, and transportation. Right at Home focuses on improving quality of life through compassionate, trained caregivers and offers flexible care plans to meet individual needs in various settings, including private homes or assisted living facilities.

Childcare Services

Community Coordinated Child Care (3-C) 800-809-7076

Child Care Subsidy Program; Child Care referrals; technical assistance and state mandated training for child care providers; resource library for providers and parents; recruitment of family child care providers and serving as a VOICE for children everywhere.

Childcare Assistance Program 270-422-3974

New Vista Kentucky's Early Intervention System 270-737-5921

Kentucky's Early Intervention System serves children from birth to age three who have a developmental delay or a medical condition known to cause a delay.

First Steps 270-737-5921 or 800-678-1879

Service coordination, evaluation, assessment, developmental intervention, respite, speech/language, nutrition, vision/hearing, IFSP, occupational therapy, physical therapy, transportation, assistive technology, health services.

The Life Connection 270-324-4956

Community-based; residential long-term placements for children and adults; speech, recreational, psychological, behavior modification/management; living skills, and sex offenders therapy for the M.R./D.D.

Division of Child Care 502-564-2524

The Division of Child Care (DCC) helps child care programs. We support plans that help grow and improve child care services and resources in our state.

Disability Services

Commission for Children 270-766-5370 or 800-995-6982

Provides clinical services and case management for children with chronic health problems including hearing, vision, seizure disorders, orthopedic problems, and more. Provides medication, physician visits and follow-up, some physical and occupational therapy, equipment, surgeries and bracing, hearing, speech and language evaluations. Speech and language therapy available to clients not enrolled in the clinic.

Division of Maternal and Child Health 502-564-2154

Provide leadership, in partnership with key stakeholders, to improve the physical and social-emotional health, safety and well-being of all Kentucky women, infants, children, adolescents and their families.

Office of Vocational Rehab 502-348-1879

Office for Children with Special Health Care Needs 502-429-4430

Provides comprehensive care to children and youth with special health care needs who are KY residents, younger than 21, meet financial/medical eligibility.

Office for the Blind 270-766-5126

Medical evaluation, counseling, corrective surgery, guidance, visual aids, and assistance in employment for the blind.

Project Learn 270-737-1140

Commonwealth Council on Developmental Disabilities 502-564-7841

Autism Society of America 800-328-8476

Association of University Centers on Developmental Disabilities 301-588-8252

LifePlan of Kentucky 859-523-2323

Education

Experience Works 800-901-7965 or 270-766-5115

Older worker training services include computer courses designed and matched to individual job development needs. Provide additional training in “soft skills” such as interviewing, resume preparation, and test preparation. Individuals may qualify for scholarships based on income, age, and status. As funding is available, some jobs are also offered.

Elizabethtown Community and Technical College 270-769-2371

Educational courses, business and industrial training. Also provide meeting rooms for non-profit agencies.

Meade County College and Career Center 270-422-7525

Provides free GED, ESL, job training, and literacy classes

Lincoln Trail Heritage Council Boy Scouts of America / Learning For Life

502.400.5363

Champions Program– life-skills curriculum and outdoor activities for special needs youth

Cooperative Extension Office 270-756-2182

Community education on financial, parenting, nutrition, and other living skills.

Office of Vocational Rehabilitation 270-766-5121

Workforce Solutions 270-737-2731

Provides training for the workforce along with community education classes.

Lincoln Trail Career Center 270-766-5115

Assistance for job searching, training, adult education, GED testing, Vocational Rehabilitation, career planning, and computer access.

Goodwill Opportunity Center 270-506-4950

Meade County Public Library 270-422-2094

Food & Emergency Services

Meade County Community Action 270-422-2545

Advocacy & Support Center 270-234-9236

SpringHaven, Inc. 502-827-1415

Feeding America Kentucky's Heartland 270-769-6997

Distributor of emergency food assistance, commodity supplemental food, backpack program, disaster relief, etc.

Meade County EMS 270-422-2776

Meade County Sheriff's Office 270-422-4937

Brandenburg Police Department 270-422-4981

Meade County Fire Department 270-422-4292

Employment Services

Kentucky Career Center 270-766-5115

Lincoln Trail Career Center 270.766.5115

District Vocational Rehabilitation 270.766.5121

ECTC Workforce Solutions 270.706.8702

Workforce Investment Act 270-234-1647 or 800-455-5587

Services focus on providing employment information and/or training to residents of the eight-county area through a variety of programs. Some of these services will be provided by partner agencies of the Lincoln Trail Area Career Center.

Division of Workforce & Employment Services 270-422-4228

Application and placement services for job seekers. Employer job listing. Employment and placement testing. Job training programs. Referral to education and training. Job search assistance for special groups such as welfare recipients. Dislocated worker assistance. Referral to other agencies.

Experience Works 800-901-7965

Older worker training services include computer courses designed and matched to individual job development needs. Provide additional training in “soft skills” such as interviewing, resume preparation, and test preparation. Individuals may qualify for scholarships based on income, age, and status. As funding is available, some jobs are also offered.

Home Health & Hospice

Caretenders 270-859-0162

Lifeline Home Care, Inc 270-360-8227 or 877-360-8227

Juvenile Services

Kentucky Child Support 270-580-4141

Communicare Early Childhood Program 270-737-5676

300 Hope Street 800-456-1386 or 502-538-1429

Glen Dale Children's Home provides youth and families with a supportive nurturing environment to allow for spiritual, emotional, social, and emotional growth.

Family & Juvenile Services 502-573-2350

The Department of Family & Juvenile Services is dedicated to improving the lives of children and families involved in Kentucky's juvenile justice and child welfare systems. FJS provides direct services to children and family and offers education, programming and technical support to the judges and court personnel who handle juvenile and family law cases.

Child Crisis Stabilization Unit 270-756-5816

The Children's Crisis Unit is a 12-bed, 24-hour alternative to inpatient psychiatric hospitalization. It is a non-medical unit with the goal of helping youth ages 4 to 18 return to pre-crisis level of functioning. Youth admitted to the unit receive a combination of individual therapy, family and group therapy, nursing services, and psychiatric evaluations with medication management follow-up.

Kentucky Partnership for Families and Children

PFC peer support services are designed for youth (0-18yrs) and families of youth with a severe emotional disturbance or at risk. KPFC's services are accessible and equitable – there is no fee, co-pay, or insurance required to receive KPFC Peer Support Services.

Legal/Ombudsman Services

Legal Aid Society 502-584-1254

Legal Aid Society's mission is to make justice accessible to all, regardless of financial status. We provide free civil legal help on issues related to income, family, housing, safety, and health.

Long Term Care Ombudsman 859-277-9215

The Kentucky Long-Term Care Ombudsman program advocates for residents of nursing homes, personal care homes and family care homes, improving care and encouraging positive change at all levels.

Office of the Ombudsman 866-596-6283

The Commonwealth Office of the Ombudsman is dedicated to investigating complaints about any Cabinet for Health and Family Services employee or program received.

Protection and Advocacy Division 502-564-2967

Kentucky Protection and Advocacy, a Division within the Department of Public Advocacy, protects and promotes the rights of Kentuckians with disabilities through information and referral, and legal individual and systemic advocacy and education.

Long-Term Care Facilities

Brandenburg Nursing and Rehabilitation Center 270-551-3900

Medical/Urgent Care

Complete Family Care 270-422-2200

St. Camillus Urgent Care & Family Practice 270-422-4410

KentuckyOne Health Jewish Hospital Health Center 270-422-5000

Fast Pace Health Urgent Care 270-253-4050

Mental Health Services

Communicare 270-422-3971

Early Intervention Program (EIP) 270-765-2605 ext 1405

Regional Prevention Center 270-765-5992

PASSAGES 270-737-6659

Zero Tolerance Program (ZT) 270-765-2605

Alcohol/Drug Abuse Recovery Center 270-765-5145

Astra Behavioral Health Day Treatment 270-750-9622

Rivendell Behavioral Health Services 800-548-2621 or 270-843

Tranquility Program 270-756-0707

Lincoln Trail Behavioral Health System 270-351-9444

Support Groups

Greater Kentucky and Southern Indiana Alzheimer's Support 502-451-4266

Southeast Christian Church - Elizabethtown Campus 270-506-4630

Clarity Solutions 270-234-1122

Arthritis Foundation 502-585-1866

Severns Valley Baptist Church 270-765-7822

Hospitals Health Central Kentucky 270-737-6300

Recovery Works Elizabethtown 270-982-1244

Stepworks 800-545-9031

Transportation

Community Action Brandenburg 270-422-2545

Volunteer

Meade County Animal Control 270-422-2064

United Way of Central Kentucky 270-737-6608