



Lincoln Trail

Area Development District
~ established 1968 ~

COMMUNITY RESOURCE — DIRECTORY —



**Serving Breckinridge, Grayson,
Hardin, LaRue, Marion, Meade,
Nelson, and Washington Counties**

Lincoln Trail Area Agency on Aging and
Independent Living Provides information,
assistance, and outreach for all community
resources.

Hardin

Abuse, Neglect, Exploitation, or Domestic Violence

Adult Protection Services/Child Protection Services 877-597-2331

Provides consultation and state program guidance for child protective services cases.

Crime Victim Advocate Commonwealth's Attorney Office 270-756-2791

Help victims understand their rights and keep informed of all court dates. Accompany victims and witnesses to court. Provide emotional support and help file for financial aid through the Crime Victim Compensation Board.

SpringHaven, Inc. 270-765-4057

24 hour crisis line, emergency shelter, individual counseling, support groups, legal and other advocacy, information and referral, community education, and professional training.

Silverleaf Sexual Trauma: 270-234-9236

Silverleaf Sexual Trauma Recovery Services is a non-profit organization dedicated to reducing the trauma experienced by victims of sexual abuse and sexual assault.

Tri-County CASA 270-246-1256

Court appointed advocates for abused and neglected children.

Clarity Solutions For Women 270-234-1122

Assists with women involved in crisis pregnancy situations, programs, classes and assistance geared toward helping the woman endure pregnancy and the babies first year of life.

The Kentucky Coalition Against Domestic Violence (KCADV) 502-209-5382

Provides a strong, statewide voice on behalf of survivors and their children. KCADV administers \$13 million in state and federal funds to its 15 member programs, runs a Certification Program for all domestic violence program staff including 30 hours of classroom instruction, and operates an Economic Empowerment Program serving survivors across the state.

Housing

Central Kentucky Community Action/Section 8 Certificate & Voucher Program
270-769-1927

Referral only for rental subsidy programs to facilitate low-income families with decent, safe, and sanitary housing. The program uses existing housing stock to house low-income families

Hardin County Housing Authority Elizabethtown 270-765-2092

Radcliff Housing Authority Elizabethtown 270-351-6772

Rural Development USDA 270-769-1555

Housing Purchase and Repair Loans. Housing Repair Loan and Grants.

Kentucky Housing Corporation 800-633-8896

Senior Housing Apartments

University Apartments 270-765-2779

Steward Manor 270-352-1293

Towne Commons Apartments 270-737-0400

Pine Crest Apartments: 270-769-5645

Lincoln Trail Apartments 270-765-2327

Adult Day Services

Active Day, Inc. 270-763-9192

A comprehensive program that provides a variety of health, social and related support services in a protective setting. Assists participants to remain in the community. Respite services available on an as needed basis.

New Age Adult Day Services 270-422-7777

Meals, planned activities, professional staff, special needs (infants to seniors), family support groups, transportation, full time nurse, and therapy.

Aging Services & Senior Centers

Lincoln Trail Area Agency on Aging and Independent Living 270-737-6082

The Area Agency on Aging is the regional planning and administration agency for the Older Americans Act and Kentucky Aging Programs. The Agency provides information on area resources and contracts for delivery of a variety of programs for the elderly, including home and community services. They also provide benefits counseling to include assistance with accessing and interpreting benefits/resources.

Social Security Administration 800-772-1213

Hardin County Senior Center 270-982-2909

Persons 60 years of age and older, a spouse of a person aged 60, or the disabled adult child of an eligible participant 60 or over receive hot meals.

Senior Companion Program 270-734-3604

Provide seniors one-on-one interaction, helping to ease loneliness, boost self-esteem, solve problems and build friendships along the way. Volunteers perform a variety of helpful tasks including light meal preparation, housecleaning, transportation and respite care, allowing more of our seniors to continue living independently in their own homes. Volunteers do not serve as home health aides, psychologists, social workers, personal drivers or domestics.

Department for Aging and Independent Living 502-564-6930

Oversees and monitors the administration of programs and services at the local and regional level, establishes policy and advocates on behalf of Kentucky's elders and people with disabilities. DAIL works to support and enhance freedom of choice and independence.

Mom's Meals 1-877-508-6667

Mom's Meals is a USDA approved and inspected fresh food preparation and delivery business dedicated to providing great tasting, nutritionally sound, FRESH meals to its customers. Meals are prepared, packaged and shipped, ready to heat meals to a customer's doorstep throughout the United States.

Assisted Living

Periot Senior Living 270-900-0236

RobinBrooke Senior Living 270-506-4687

Willow Creek Senior Living 270-765-4414

Bluegrass Assisted Living | Assisted Living & Memory Care 270-600-7440

Tender Touch Heart & Home 270-765-6103

Tender Touch Senior Living 270-982-8363

Vitality Living Elizabethtown 270-360-8001

Helmwood Healthcare Center 270-737-2738

Attendant Care Services

HomeInstead Senior Care 502-352-7272

Meal preparation, medication reminders, laundry, light housekeeping, escort for shopping and errands, respite care, and companionship services.

Tender Touch Senior Services, Inc. 270-765-3332

Light housekeeping, meal preparation, transportation, medicine reminders, personal care, respite care, 2 hours to 24/7 care, errands/shopping for groceries/doctor appointments, laundry, and companionship.....anything to make life easier and safer for the senior adult and/or the caregiver.

VNA Nazareth Home Health 502-584-2456

Personal Care Attendant Program 502-229-2979

Right At Home 502-897-0580

Right at Home is an in-home-care and assistance for seniors and individuals with disabilities, helping them to age in place. Our services are personalized and can include help with daily living activities, personal hygiene, meal preparation, companionship, medication reminders, and transportation. Right at Home focuses on improving quality of life through compassionate, trained caregivers and offers flexible care plans to meet individual needs in various settings, including private homes or assisted living facilities.

Childcare Services

Community Coordinated Child Care (4-C) 502-636-1358

Child Care Subsidy Program; Child Care referrals; technical assistance and state mandated training for child care providers; resource library for providers and parents; recruitment of family child care providers and serving as a VOICE for children everywhere.

New Vista Kentucky's Early Intervention System 270-737-5921

Kentucky's Early Intervention System serves children from birth to age three who have a developmental delay or a medical condition known to cause a delay.

The Life Connection 270-491-2121

Community-based; residential long-term placements for children and adults; speech, recreational, psychological, behavior modification/management; living skills, and sex offenders therapy for the M.R./D.D.

Division of Child Care 502-564-2524

The Division of Child Care (DCC) helps child care programs. We support plans that help grow and improve child care services and resources in our state.

Disability Services

Commission for Children 270-766-5370

Provides clinical services and case management for children with chronic health problems including hearing, vision, seizure disorders, orthopedic problems, and more. Provides medication, physician visits and follow-up, some physical and occupational therapy, equipment, surgeries and bracing, hearing, speech and language evaluations. Speech and language therapy available to clients not enrolled in the clinic.

Division of Maternal and Child Health 502-564-2154

Provide leadership, in partnership with key stakeholders, to improve the physical and social-emotional health, safety and well-being of all Kentucky women, infants, children, adolescents and their families.

Office for Children with Special Health Care Needs 502-429-4430

Provides comprehensive care to children and youth with special health care needs who are KY residents, younger than 21, meet financial/medical eligibility.

Office for the Blind 270-766-5126

Medical evaluation, counseling, corrective surgery, guidance, visual aids, and assistance in employment for the blind.

Project Learn 270-737-1140

Commonwealth Council on Developmental Disabilities 502-564-7841

Autism Society of America 800-328-8476

Association of University Centers on Developmental Disabilities 301-588-8252

LifePlan of Kentucky 859-523-2323

Education

Elizabethtown Community and Technical College 270-769-2371

Educational courses, business and industrial training. Also provide meeting rooms for non-profit agencies.

Hardin County Adult Education Center 270-769-8866

Provides free GED, ESL, job training, and literacy classes

Hardin County Schools Family Resource & Youth Service Centers 270-769-8800

**Elizabethtown INdependent Schools Family Resource & Youth Service Centers
270-765-6146**

Hardin County Cooperative Extension Office 270-765-4121

Community education on financial, parenting, nutrition, and other living skills.

Office of Vocational Rehabilitation 270-766-5121

Workforce Solutions 270-737-2731

Provides training for the workforce along with community education classes.

Lincoln Trail Career Center 270-766-5115

Assistance for job searching, training, adult education, GED testing, Vocational Rehabilitation, career planning, and computer access.

Goodwill Opportunity Center 270-506-4950

Early College Career Center 270-769-7930

Hardin County Health Department 270-765-6196

Hardin County Public Library 270-769-6337

Food & Emergency Services

Hardin County Community Action Agency. 502-764-2222

Feeding America Kentucky's Heartland 270-769-6997

Distributor of emergency food assistance, commodity supplemental food, backpack program, disaster relief, etc.

Hardin County EMS 270-769-3014

Hardin County Sheriff's Office 270-765-5133

Elizabethtown Police Department 270-765-4125

Elizabethtown Fire Department 270-765-2121

Employment Services

Kentucky Career Center 270-766-5115

Experience Works 800-901-7965

Older worker training services include computer courses designed and matched to individual job development needs. Provide additional training in “soft skills” such as interviewing, resume preparation, and test preparation. Individuals may qualify for scholarships based on income, age, and status. As funding is available, some jobs are also offered.

Home Health & Hospice

Caretenders 270-859-0162

Hosparus 270-737-6300

Juvenile Services

Kentucky Child Support 270-580-4141

Family & Juvenile Services 502-573-2350

The Department of Family & Juvenile Services is dedicated to improving the lives of children and families involved in Kentucky's juvenile justice and child welfare systems. FJS provides direct services to children and family and offers education, programming and technical support to the judges and court personnel who handle juvenile and family law cases.

Hardin County Teen Court 270-766-5004

Child Crisis Stabilization Unit 270-756-5816

The Children's Crisis Unit is a 12-bed, 24-hour alternative to inpatient psychiatric hospitalization. It is a non-medical unit with the goal of helping youth ages 4 to 18 return to pre-crisis level of functioning. Youth admitted to the unit receive a combination of individual therapy, family and group therapy, nursing services, and psychiatric evaluations with medication management follow-up.

Legal/Ombudsman Services

Legal Aid Society 502-584-1254

Legal Aid Society's mission is to make justice accessible to all, regardless of financial status. We provide free civil legal help on issues related to income, family, housing, safety, and health.

Long Term Care Ombudsman 859-277-9215

The Kentucky Long-Term Care Ombudsman program advocates for residents of nursing homes, personal care homes and family care homes, improving care and encouraging positive change at all levels.

Office of the Ombudsman 866-596-6283

The Commonwealth Office of the Ombudsman is dedicated to investigating complaints about any Cabinet for Health and Family Services employee or program received.

Protection and Advocacy Division 502-564-2967

Kentucky Protection and Advocacy, a Division within the Department of Public Advocacy, protects and promotes the rights of Kentuckians with disabilities through information and referral, and legal individual and systemic advocacy and education.

Long-Term Care Facilities

Signature Healthcare of Elizabethtown 270-304-2127

Signature Healthcare North Hardin Rehab & Wellness Center 270-351-2999

Helmwood Healthcare 270-737-2738

Elizabethtown Nursing and Rehabilitation 270-765-6106

Medical/Urgent Care

Baptist Health Hardin Hospital 270-706-1212

Member Medical 270-307-1980

Baptist Health Group Family Medicine 270-769-5579

Norton Community Medical Associates - Heartland 270-765-5926

Baptist Urgent Care 270-706-1111

Mental Health Services

Communicare 270-600-0188

Lincoln Trail Behavioral Health System 270-351-9444

Aigne Mental Wellness 270-506-3741

Aspire Day 844-443-3255

Support Groups

Greater Kentucky and Southern Indiana Allzheimer's Support 502-451-4266

Southeast Christian Church - Elizabethtown Campus 270-506-4630

Clarity Solutions 270-234-1122

Arthritis Foundation 502-585-1866

Severns Valley Baptist Church 270-765-7822

Hosparus Health Central Kentucky 270-737-6300

Recovery Works Elizabethtown 270-982-1244

Stepworks 800-545-9031

Transportation

TACK Elizabethtown 270-765-2612

VA Transportation 502-818-2047 or email dispatch@davchapter-3transpo.org

Volunteer

Feeding America 270-769-6997

Hardin County Animal Shelter 270-769-3428

United Way of Central Kentucky 270-737-6608