



Lincoln Trail

Area Development District
~ established 1968 ~

COMMUNITY RESOURCE — DIRECTORY —



**Serving Breckinridge, Grayson,
Hardin, LaRue, Marion, Meade,
Nelson, and Washington Counties**

Lincoln Trail Area Agency on Aging and
Independent Living Provides information,
assistance, and outreach for all community
resources.

Grayson

Abuse, Neglect, Exploitation, or Domestic Violence

Advocacy & Support Center 270-234-9236

Services available to child, teen, or adult victims of rape or sexual abuse, as well as non-offending family members. Education programs available to any interested group.

Adult Protection Services/Child Protection Services 877-597-2331

Provides consultation and state program guidance for child protective services cases.

SpringHaven, Inc. 270-765-4057

24 hour crisis line, emergency shelter, individual counseling, support groups, legal and other advocacy, information and referral, community education, and professional training.

Silverleaf Sexual Trauma: 270-234-9236

Silverleaf Sexual Trauma Recovery Services is a non-profit organization dedicated to reducing the trauma experienced by victims of sexual abuse and sexual assault

Tri-County CASA 502-744-3137

Court appointed advocates for abused and neglected children.

Clarity Solutions For Women 270-234-1122

Assists with women involved in crisis pregnancy situations, programs, classes and assistance geared toward helping the woman endure pregnancy and the babies first year of life.

The Kentucky Coalition Against Domestic Violence (KCADV) 502-209-5382

Provides a strong, statewide voice on behalf of survivors and their children. KCADV administers \$13 million in state and federal funds to its 15 member programs, runs a Certification Program for all domestic violence program staff including 30 hours of classroom instruction, and operates an Economic Empowerment Program serving survivors across the state.

Housing

Central Kentucky Community Action/Section 8 Certificate & Voucher Program

270-259-3500 Referral only for rental subsidy programs to facilitate low-income families with decent, safe, and sanitary housing. The program uses existing housing stock to house low-income families

Grayson County Housing Program 270-756-5915

Grayson County Housing Authority 270-259-0488

Kentucky Housing Corporation 502-564-7630

Rural Development USDA 270-769-1555

Housing Purchase and Repair Loans. Housing Repair Loan and Grants.

Kentucky Housing Corporation 800-633-8896

Senior Housing Apartments

Patty Place- 270-287-0666

Kate Corner- 270-259-2729

Parkland Manor Apartments 270-259-9254

Hillview Apartments 270-259-6023

Bear Creek Apartments 270-259-6772

Liliac Apartments 270-259-6514

Adult Day Services

Active Day, Inc. 270-763-9192

A comprehensive program that provides a variety of health, social and related support services in a protective setting. Assists participants to remain in the community. Respite services available on an as needed basis.

Horizon Adult Health Care 877-589-3053

Horizon Adult Health Care provides constant day supervision that addresses safety while enhancing the quality of their time.

Aging Services & Senior Centers

Lincoln Trail Area Agency on Aging and Independent Living 270-737-6082

The Area Agency on Aging is the regional planning and administration agency for the Older Americans Act and Kentucky Aging Programs. The Agency provides information on area resources and contracts for delivery of a variety of programs for the elderly, including home and community services. They also provide benefits counseling to include assistance with accessing and interpreting benefits/resources.

Social Security Administration 800-772-1213

Grayson County Senior Center 270-259-4885

Persons 60 years of age and older, a spouse of a person aged 60, or the disabled adult child of an eligible participant 60 or over receive hot meals.

Senior Companion Program 270-734-3604

Provide seniors one-on-one interaction, helping to ease loneliness, boost self-esteem, solve problems and build friendships along the way. Volunteers perform a variety of helpful tasks including light meal preparation, housecleaning, transportation and respite care, allowing more of our seniors to continue living independently in their own homes. Volunteers do not serve as home health aides, psychologists, social workers, personal drivers or domestics.

Department for Aging and Independent Living 502-564-6930

Oversees and monitors the administration of programs and services at the local and regional level, establishes policy and advocates on behalf of Kentucky's elders and people with disabilities. DAIL works to support and enhance freedom of choice and independence.

Mom's Meals 1-877-508-6667

Mom's Meals is a USDA approved and inspected fresh food preparation and delivery business dedicated to providing great tasting, nutritionally sound, FRESH meals to its customers. Meals are prepared, packaged and shipped, ready to heat meals to a customer's doorstep throughout the United States.

Assisted Living

BeeHive Home of Leitchfield 270-681-6760

A leader in the assisted living and memory care services. Beehive Homes is a senior living home in a residential setting.

Grayson Nursing & Rehab 270-259-3676

Attendant Care Services

HomeInstead Senior Care 502-352-7272

Meal preparation, medication reminders, laundry, light housekeeping, escort for shopping and errands, respite care, and companionship services.

Tender Touch Senior Services, Inc. 270-765-3332

Light housekeeping, meal preparation, transportation, medicine reminders, personal care, respite care, 2 hours to 24/7 care, errands/shopping for groceries/doctor appointments, laundry, and companionship.....anything to make life easier and safer for the senior adult and/or the caregiver.

VNA Nazareth Home Health 502-584-2456

Personal Care Attendant Program 502-229-2979

Right At Home 502-897-0580

Right at Home is an in-home-care and assistance for seniors and individuals with disabilities, helping them to age in place. Our services are personalized and can include help with daily living activities, personal hygiene, meal preparation, companionship, medication reminders, and transportation. Right at Home focuses on improving quality of life through compassionate, trained caregivers and offers flexible care plans to meet individual needs in various settings, including private homes or assisted living facilities.

Childcare Services

Community Coordinated Child Care (4-C) 502-636-1358

Child Care Subsidy Program; Child Care referrals; technical assistance and state mandated training for child care providers; resource library for providers and parents; recruitment of family child care providers and serving as a VOICE for children everywhere.

New Vista Kentucky's Early Intervention System 270-737-5921

Kentucky's Early Intervention System serves children from birth to age three who have a developmental delay or a medical condition known to cause a delay.

The Life Connection 270-491-2121

Community-based; residential long-term placements for children and adults; speech, recreational, psychological, behavior modification/management; living skills, and sex offenders therapy for the M.R./D.D.

Division of Child Care 502-564-2524

The Division of Child Care (DCC) helps child care programs. We support plans that help grow and improve child care services and resources in our state.

Disability Services

Commission for Children 270-766-5370

Provides clinical services and case management for children with chronic health problems including hearing, vision, seizure disorders, orthopedic problems, and more. Provides medication, physician visits and follow-up, some physical and occupational therapy, equipment, surgeries and bracing, hearing, speech and language evaluations. Speech and language therapy available to clients not enrolled in the clinic.

Division of Maternal and Child Health 502-564-2154

Provide leadership, in partnership with key stakeholders, to improve the physical and social-emotional health, safety and well-being of all Kentucky women, infants, children, adolescents and their families.

Office for Children with Special Health Care Needs 502-429-4430

Provides comprehensive care to children and youth with special health care needs who are KY residents, younger than 21, meet financial/medical eligibility.

Office for the Blind 270-766-5126

Medical evaluation, counseling, corrective surgery, guidance, visual aids, and assistance in employment for the blind.

Project Learn 270-737-1140

Commonwealth Council on Developmental Disabilities 502-564-7841

Autism Society of America 800-328-8476

Association of University Centers on Developmental Disabilities 301-588-8252

LifePlan of Kentucky 859-523-2323

Education

Elizabethtown Community and Technical College 270-769-2371

Educational courses, business and industrial training. Also provide meeting rooms for non-profit agencies.

Grayson County Adult Education Center 270-259-9038

Provides free GED, ESL, job training, and literacy classes

Grayson County Family Resource & Youth Service Centers 270-259-4175

Cooperative Extension Office 270-259-3492

Community education on financial, parenting, nutrition, and other living skills.

Office of Vocational Rehabilitation 270-766-5121

Workforce Solutions 270-737-2731

Provides training for the workforce along with community education classes.

Lincoln Trail Career Center 270-766-5115

Assistance for job searching, training, adult education, GED testing, Vocational Rehabilitation, career planning, and computer access.

Goodwill Opportunity Center 270-506-4950

Grayson County Area Technology Center 270-259-3195

Grayson County Health Department 270-259-3141

Child health, WIC, Immunizations, health and nutrition education, clinic services, family planning, cancer and heart screenings, and birth certificates.

Grayson County Public Library 270-259-5455

Food & Emergency Services

Grayson County Community Action Agency. 270-259-3500

Feeding America Kentucky's Heartland 270-769-6997

Distributor of emergency food assistance, commodity supplemental food, backpack program, disaster relief, etc.

Grayson County EMS 270-259-9601

Grayson County Sheriff's Office 270-259-3024

Grayson County Police Department 270-259-3024

Grayson County Fire/EMS 270-242-0060

Employment Services

Kentucky Career Center 270-766-5115

Experience Works 800-901-7965

Older worker training services include computer courses designed and matched to individual job development needs. Provide additional training in “soft skills” such as interviewing, resume preparation, and test preparation. Individuals may qualify for scholarships based on income, age, and status. As funding is available, some jobs are also offered.

Home Health & Hospice

Caretenders 270-859-0162

Owensboro Health Twin Lakes 270-259-9400

Hosparus 270-737-6300

Juvenile Services

Kentucky Child Support 270-580-4141

Family & Juvenile Services 502-573-2350

The Department of Family & Juvenile Services is dedicated to improving the lives of children and families involved in Kentucky's juvenile justice and child welfare systems. FJS provides direct services to children and family and offers education, programming and technical support to the judges and court personnel who handle juvenile and family law cases.

Grayson County Justice Center 270-259-3636

Child Crisis Stabilization Unit 270-756-5816 The Children's Crisis Unit is a 12-bed, 24-hour alternative to inpatient psychiatric hospitalization. It is a non-medical unit with the goal of helping youth ages 4 to 18 return to pre-crisis level of functioning. Youth admitted to the unit receive a combination of individual therapy, family and group therapy, nursing services, and psychiatric evaluations with medication management follow-up.

Kentucky Partnership for Families and Children PFC peer support services are designed for youth (0-18yrs) and families of youth with a severe emotional disturbance or at risk. KPFC's services are accessible and equitable – there is no fee, co-pay, or insurance required to receive KPFC Peer Support Services.

AIM Wellness 270-230-1077

Owensboro Health Twin Lakes Behavioral Health 270-230-0212

Legal/Ombudsman Services

Legal Aid Society 502-584-1254

Legal Aid Society's mission is to make justice accessible to all, regardless of financial status. We provide free civil legal help on issues related to income, family, housing, safety, and health.

Long Term Care Ombudsman 859-277-9215

The Kentucky Long-Term Care Ombudsman program advocates for residents of nursing homes, personal care homes and family care homes, improving care and encouraging positive change at all levels.

Office of the Ombudsman 866-596-6283

The Commonwealth Office of the Ombudsman is dedicated to investigating complaints about any Cabinet for Health and Family Services employee or program received.

Protection and Advocacy Division 502-564-2967

Kentucky Protection and Advocacy, a Division within the Department of Public Advocacy, protects and promotes the rights of Kentuckians with disabilities through information and referral, and legal individual and systemic advocacy and education.

Long-Term Care Facilities

Grayson Nursing and Rehabilitation 270-259-3676

Springview Nursing and Rehabilitation 270-259-4036

Medical/Urgent Care

Owensboro Health Twin Lakes Hospital 270-259-9400

Grayson County Family Medicine 270-971-1231

Owensboro Health Adult Family Medicine 270-259-9651

Owensboro Urgent Care 270-230-0182

Mental Health Services

Communicare 270-259-4652

Lincoln Trail Behavioral Health System 270-351-9444

Owensboro Behavioral Health 270-230-0212

Support Groups

Greater Kentucky and Southern Indiana Allzheimer's Support 502-451-4266

Southeast Christian Church - Elizabethtown Campus 270-506-4630

Clarity Solutions 270- 234-1122

Arthritis Foundation 502-585-1866

Severns Valley Baptist Church 270-765-7822

Hosparus Health Central Kentucky 270-737-6300

Recovery Works Elizabethtown 270-982-1244

Stepworks 800-545-9031

Transportation

Community Action Leitchfield 270-259-0488

Volunteer

Feeding America 270-769-6997

Grayson County Animal Shelter 270-230-8839

United Way of Central Kentucky 270-737-6608