

AGING & DISABILITY RESOURCES



LINCOLN TRAIL AREA AGENCY ON
AGING AND INDEPENDENT LIVING



Resources

Aging & Disability Resource Center

Provides information, assistance, and outreach for all community resources.

LTADD, 270-737-6082 or 1-800-264-0393

Case Management

Provides case management services to clients receiving In-Home services and Traditional waiver services.

LTADD, 270-737-6082 or 1-800-264-0393

In-Home Services

Provides assistance with activities of daily living, including homemaking, personal care, escort, respite, and chore services.

LTADD, 270-737-6082 or 1-800-264-0393

Participant Directed Services

Provides options to individuals who are eligible for one of the following waivers: Home and Community Based, PDS, Michelle P and Traditional Waivers. Allows consumer to hire persons of their own choosing to provide care with funding through individual Medicaid budgets.

LTADD, 270-737-6082 or 1-800-264-0393

Family Caregiver Support Program (Title III-E)

Assistance for caregivers of individuals who are age 60+.

LTADD, 270-737-6082 or 1-800-264-0393

National Grandparent & Relative Support Program

Assistance for caregivers age 55+ who are raising a child 18 and under.

LTADD, 270-737-6082 or 1-800-264-0393

Prescription Assistance

Kentucky Prescription Assistance Program (KPAP) assists individuals to receive prescribed medications at no cost and trains volunteers to assist in local communities.

KPAP, 270-401-3842 or 270-737-0669

SHIP/Benefits Counseling

State Health Insurance Assistance Program (SHIP) provides assistance with access in public and private benefits.

Jo Escue, 270-769-8609

Legal Aid

Provides assistance with legal matters, including advice and representation.

Legal Aid Society, 1-800-292-1862

Long Term Care Ombudsman

Receives and investigates complaints from residents of nursing homes and family care homes.

LTADD, Ombudsman, 502-965-8304

Nutrition Program – Senior Centers

Provides organized activities and nutritionally balanced noon meal at senior centers located through the district.

Central Kentucky Community Action Council,
270-756-5668

Nutrition Program – Home Delivered Meals

Provides nutritionally balanced meals to the homebound.

LTADD, 270-737-6082 or 1-800-264-0393

Health Promotion/ Disease Prevention Programs (Tai Chi or Bingocize)

Activities to support healthy lifestyles and promote healthy behaviors, focusing on overall health, mobility and balance.

LTADD, 270-737-6082 or 1-800-264-0393

Transportation

Provides transportation to Senior Citizen Center with limited auxiliary transportation also available.

Central Kentucky Community Action Council
(Breckinridge, Grayson, Hardin, LaRue, Marion, Meade,
Nelson, and Washington Counties), 270-692-2136 or
1-800-242-8225

*Working to improve the lives of the citizens of
Breckinridge, Grayson, Hardin, LaRue, Marion,
Meade, Nelson and Washington counties.*

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Information or questions, contact:

Lincoln Trail Area Agency on
Aging & Independent Living

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