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**LINCOLN
TRAIL**
AREA DEVELOPMENT
DISTRICT

The Rail Splitter

Official Publication of the
Lincoln Trail Area Development District
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New Haven Project Community Development Block Grant



The **City of New Haven** was awarded \$228,000 in Kentucky Small Cities Community Development Block Grant funds to be used to extend water lines and construct a 150,000 gallon water storage tank. The City of New Haven, Nelson County, and the Bardstown Industrial Development Corporation also contributed funds to complete the project. The realization of this project allows area growth and provides a basis for the expansion of a local manufacturer, Vittitow Cabinets, who has also committed \$24,000 toward the actual water line and storage tank construction.

Thirty years ago, the Vittitow family began their operation in a 2,160 square foot building and has since grown into a 27,000 square foot facility. This CDBG project will enable the manufacturer to expand by 18,750 square feet to accommodate increased operation and production. The citizens of New Haven and Nelson County will further benefit from this project due to the creation of an additional 15 full time jobs for the area, bringing the total employed by Vittitow Cabinets to 51.

For information and assistance relating to the CDBG program, please contact Mike Burruss, Patrick Haggerty, or Becky Proctor at 502-769-2393.

Improvements to Housing in Hodgenville

The **City of Hodgenville** was approved for a \$607,000 grant under the Comprehensive Improvement Assistance Program (CIAP) which they applied for in September 1997. Lincoln Trail Area Development District will be the Management Consultant and will administer the grant.

The Housing Authority of Hodgenville oversees three housing projects. The oldest of these is Polley Avenue which was constructed in 1968. It has thirty units, two of which were recently renovated to meet handicapped accessibility requirements. The other twenty-eight have only received minor repairs since their construction.

All thirty units have been included in the CIAP grant. The project will encompass modernization of appliances, plumbing repairs, roof replacement, abatement of lead-based paint and asbestos tile, and sewer and sidewalk improvements. The project is presently being designed and if all goes well, construction should begin in May.

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AGING

Human Resources

AGING PROGRAM Update

GRAYSON COUNTY

TRIAD Office OPENS

The Grayson County TRIAD held its grand opening on March 6, 1998. The TRIAD is a joint effort of law enforcement, senior citizens and community organizations working jointly to identify areas of concern for seniors as they relate to crime.

The occasion was celebrated by state and local officials, law enforcement, media representatives and numerous senior citizens. The Grayson County TRIAD is located next door to the Senior Center in Leitchfield.



TRIAD Survey

The Lincoln Trail TRIAD Committee has distributed a community concerns survey to area senior centers and other interested persons. The survey was developed in an effort to determine crime related concerns and to aid in identifying and formulating the role of the Lincoln Trail TRIAD in serving our elderly. If you would like a copy of the survey please contact Nancy Addington at the Lincoln Trail Area Development District office, 502-769-2393.



May 21, 1998

AGENDA

8:00am - 9:00am	Booth Set-up
9:00am - 10:00am	Senior Registration
10:00am - 10:30am	Opening Ceremonies
10:30am - 11:30am	Entertainment Rook & Bingo TRIAD
11:30am - 12:30pm	Lunch - Music by Carol Drane
12:30pm - 1:00pm	Awards
1:00pm - 2:00pm	Entertainment "Breck County Blues & Country Band" Carl Woods, Joe John O'Bryon, Stanley Edge, Bernard Flood, and Wes Davis
	Health Wise For Life
2:00pm - 3:00pm	Seniors Depart

Health Screening available throughout the day.

Door Prizes Drawn All Day!!!



Senior Celebration

Planned For May 21

Senior Celebration, the annual event held to celebrate Older American's Month and to recognize area senior citizens, will be held on **May 21 in Elizabethtown at the Pritchard Community Center**. This event is a day long recognition of the contributions of seniors and provides entertainment, games, lunch, health screening, community resource information and door prizes! Everyone is welcome. Plan to come and bring a friend!!!



Repair

Affair

Hardin County will host their second Repair Affair on Saturday, June 6th. Over 200 volunteers will take part in this event which is expected to provide needed assistance to approximately 25 elderly homeowners. For more information call 502-769-2393.



Be A Part of the World-Wide Web through the Lincoln Trail ADD

"Your Partner in
Strategic Marketing Development"

You may have heard about the World-Wide Web...

Now be a part of the fastest growing communication tool around! Advertise your area/city through interactive brochures and reach an audience of over 5 million people!

Some of the benefits include:

- ▶ Unrestricted advertising and marketing
- ▶ Enhancement of local economic development and tourism programs
- ▶ Constant, 24-hour a day access to your area's information
- ▶ Accessible from any computer connected to the Internet

Contact: The Lincoln Trail ADD for more information (769-2393)

STAFF

NEWS

LTADD welcomes new employees:

Becky Proctor, Community Development Specialist
Janet Johnston, Public Administration Specialist
Jan Oellien, GIS Specialist
Carla Maeda, Assistant Fiscal Officer

During January, Mike Skaggs, Transportation Planner, attended the 20th Annual Kentuckians for Better Transportation Conference in Frankfort. **Becky Proctor** and **Patrick Haggerty**, Community Development Specialists, attended the HUD Procurement Training Workshop in Louisville and the CDBG Implementation Training Workshop in Frankfort. In February, **Ms. Proctor** attended the Kentucky Heritage Council's Main Street Conference in Madisonville.



May 20	Lincoln Trail Board of Directors Meeting
21	Urban & Community Forestry Meeting, LTADD
21	Senior Celebration 1998, Pritchard Community Center
25	Memorial Day, LTADD Office Closed
28	Lincoln Trail Aging Service Providers Meeting
June 17	Lincoln Trail Board of Directors Meeting
24	Lincoln Trail Municipal Clerks Association Meeting
25	Lincoln Trail Aging Service Providers Meeting
July 3	Independence Day Observed, LTADD Office Closed
15	Lincoln Trail Board of Directors Meeting
22	Lincoln Trail Municipal Clerks Association Meeting
23	Lincoln Trail Aging Service Providers Meeting

Since most dates are tentative, please refer to meeting notices or call the LTADD office for correct dates, times and locations prior



Family Violence Affects Us All.

Millions of women are physically, sexually, or emotionally abused every year by someone they know and love - their husband or partner. • Abuse is *never* acceptable. Women don't "ask for it" and it's not caused by alcohol, drugs, financial pressure, depression, or jealousy. Abuse can begin or get worse - when you're pregnant. • You can take the first step toward ending abuse by contacting the Lincoln Trail Domestic Violence Program. This project is funded in part by a grant from the Justice Cabinet with funds provided by VOCA.

If You Are Threatened Or
Assaulted And Need Help,
Call The Lincoln Trail
Domestic Violence
Program Crisis Line.

Phone Numbers Available
24 Hours A Day:

Bardstown
(502) 331-9443

Elizabethtown
(502) 769-1234

Hardinsburg
(502) 756-5005

Leitchfield
(502) 259-0746

Toll Free
1-800-767-5838

TDD* Hearing Impaired
1-800-247-2510

Lincoln Trail Domestic Violence Program



If you or someone
you know is
being abused,
Help is available.

Serving the counties of:
Hardin, Nelson, Grayson,
Larue, Meade, Breckinridge,
Marion and Washington

Victims of Crime

The Lincoln Trail Domestic Violence Program offers an escape route for victims of domestic violence in our district. Clients are provided with immediate assistance via crisis hotlines, shelter, and counseling followed by legal advocacy, information and referral, and other emergency assistance that address the devastating psychological and emotional consequences experienced by victims and their families in the aftermath of crime.

Please cut out the brochure to the left, fold it and put it in your purse or wallet. You may never be a victim, but you may run into someone who is.

The Rail Splitter

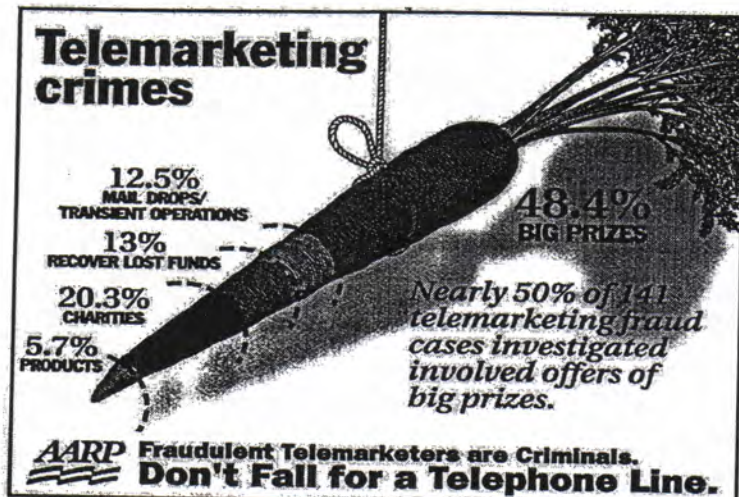
RAPE VICTIMS SERVICES

Communicare

The Rape Victims Services Program began in 1978 when several female therapists at North Central Comprehensive Care Center Inc. (now Communicare, Inc.) decided to develop a volunteer program that would provide special services to sexual assault victims. Today, the program services our district responding to telephone and hospital crisis calls. Victims are assisted through the legal process and referred to all available resources needed. Staff educators also present body safety programs to students ages 3 to 18, and to other community organizations. Services include:

- 24-Hour Crisis Counseling for Victims of Rape, Incest, and Sexual Assault
- Volunteer Victim Advocates
- Third Party Reporting
- Speakers Bureau
- Victim and Family Counseling

To receive assistance, contact Communicare, Inc., Rape Victims Services Program at 502-769-1304.



Lincoln Trail District unemployment rate estimates revised March 1998: Breckinridge County: 6.5%, Grayson County: 6.2%, Hardin County: 4.7%, LaRue County: 4.5%, Marion County: 7.1%, Meade County: 4.3%, Nelson County: 5.2%, and Washington County: 3.0%. Statewide: 4.6%. U.S. Comparable Rate: 5.0%. (Workforce Development Cabinet, Department for Employment Services, Research and Statistics Branch, 4/98)

Aging Well - Health

Great improvements in medicine, science and technology have enabled today's older Americans to live longer and healthier lives than any previous generation. Yet, many Americans fail to make the connection between undertaking healthy behaviors today and the impact of these choices later in life. Research has established that there are distinct advantages to physical exercise, both aerobic and weight-bearing. Individuals should design a program which is right for them. Moreover, screening programs can lead to preventive measures, and early treatment interventions that can substantially reduce the impact of illnesses among older people. Just as important is diet. Nutritional status influences the progress of many diseases, and studies have shown that good nutritional status can reduce length of hospital stay.

We're not taking this sitting down.

Forget the stereotypes. We may be older, but we're out there staying active! Thanks to positive lifestyle changes and medical advances, our generation and future generations of older Americans are looking forward to longer, fuller and healthier lives. Every day is an opportunity to make new plans, set new goals, and continue to do everything we enjoy. We've got a lot of life left in us, and no intention of waiting a second of it.

A public service message from this publication and the U.S. Administration on Aging.

Innovative Tax-Free Financing for Kentucky Counties and Special Taxing Districts

Small Issuers Loan Program

* Provides Access to Tax-Exempt Financing for Kentucky Counties & Special Taxing Districts

* Fixed Rate Financing Plans

* Small Purchase Financing

* Prepayment Allowed

* No Closing Costs

For more information, please contact Lincoln Trail Area Development District at 502-769-2393

Does Your Partner?

1. Criticize or humiliate you, call you names?
2. Keep track of your time?
3. Accuse you of being unfaithful?
4. Hit, push, shove, slap or kick you?
5. Force you to have sex against your will?
6. Keep you from seeing your family and friends?

If you answered "Yes" to any of these, you are in an abusive relationship. You are not alone. The abuse is not your fault. Help is available.

Anyone can be a victim of D/V. It happens to people of all ages, races, religions, all income and educational levels, and all sexual orientations. Both men and women are victims.

Domestic Violence does NOT go away on its own. It usually gets worse with time. Talking with someone may not be easy but it can help. NO ONE deserves to be abused.

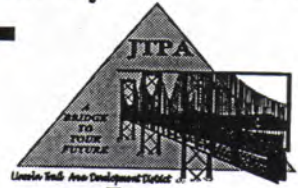
The LTDVP offers 24 hour assistance 7 days a week to anyone who is a victim of spouse/partner abuse. There is NO charge for these services:

- 24 Hour Crisis Line
- A safe place to stay for victims and their dependent children.
- Individual Counseling
- Legal Advocacy
- Support Group

What To Do If Violence Occurs.

- Get out, go to a neighbor or friend.
- Call 911 or the police.
- Go to the hospital emergency room.
- Call the LTDVP. See phone numbers on back.

Employment & Training News



National Employ The Older Worker Week

Governor Paul Patton signed a proclamation which designated March 8 through March 19 as National Employ the Older Individual Week in Kentucky. It is important that the public and private sectors realize that older individuals are valuable employees who want to work, take pride in what they do, and are diligent about punctuality and attendance.

Some individuals have overcome major barriers such as education and economics and have been retrained to accommodate the current employment market. The JTPA program provides assistance with training in job search, resume writing and interview techniques. If you know of someone who is 55 or more and is seeking employment, please call Julie Watson at 502-769-2393 or 1-800-455-5587.

Summer Youth Begins Again

There's an old saying that "everything old is new again." That certainly seems to be true in the case of our summer youth work program. It seems like we just reported the completion of one summer youth program and here we are with news of starting again. The Employment/ Training staff with assistance from the support staff have been busy with a wide variety of planning and preparation activities.

Several Summer Challenge project proposals have been received. These projects benefit the community, require several youth to work together and ties academic lessons to specific work tasks. Public non-profit agencies desiring summer workers have turned in Host Agency Agreements, and the mail often includes pre-applications from youth interested in working this summer. A starting date of June 15, 1998, has been set for work to begin.



Community Connections for Children

The Employment/Training section of the ADD has recently gained responsibility for the Community Connections for Children program. In an effort to expand and improve services, the program has undergone several changes. One such change includes the restructuring of the Community Connection for Children Committee. The membership currently includes 20 individuals representing various community agencies and consumers from district counties.

Another change involves the expansion of program goals. Discussion during a recent meeting focused on district needs and possible solutions. As a result, program goals were expanded to address those needs. An RFP was also issued to all schools, Family Resource offices, and Domestic Violence Programs in the district. Several proposals for services to community children and families were received and over \$60,000 in grants were issued.

Title V Update

The Lincoln Trail Employment/Training staff conducted an informal "Get To Know You" meeting on Thursday, February 26, 1998 at the Lincoln Trail ADD office. The meeting included both representatives for the Host Agencies and enrollees who participate in the program. Information was shared on such topics as employment hours, time sheet preparation and various employment guidelines. Guests included Pat Popp and Valerie LaTurza from the Frankfort Division of Aging Services. A large number of people attended, and this meeting was such a huge success that we plan to hold one each year. We feel it is important for all involved to have a good working relationship and excellent communication. If you know of anyone 55 or older who is interested in working or would like additional information, please call the Lincoln Trail Employment/Training Staff at 502-769-2393.

PIC Private Industry Council QUARTERLY REPORT

The Private Industry Council met on March 18, 1998. During the meeting, the Local Unified Plan, as well as the plan for Title IIA and IIC were passed. The Title III program was also a subject of the review and comment process. Two committees were formed. One committee will nominate members to serve as officers for the PIC during the next program year while the other will work to transform the PIC into a Workforce Development Board. Sherry Johnson, Associate Director, announced the additions of the Community Connections for Children and the Title V program. These programs for family preservation and employment of older individuals will take the PIC in exciting new directions. The PIC would also like to welcome new members: Debbie Buford, Edith Dupin, Charles Puckett, Ron Sanders, and Lyda Sauer.

The Rail Splitter



State Searching for 100 Year Old Business

Frankfort, KY (March 20, 1998) - The Commonwealth of Kentucky is searching for Kentucky businesses that have been in operation for 100 or more years. The Kentucky Centennial Business Program honors businesses that are 100 years old or older as of January 1, 1998. The honor is free to qualifying businesses that complete a one-page application and provide photocopies of evidence to document the age of the company. Suitable examples of evidence might include copies of old ledgers, business records, articles of incorporation; inclusion in community or state historical accounts or books; personal letters, diaries, or other materials documenting the operation of the business.

"The Kentucky Centennial Business Program celebrates enduring excellence. Our historic business deserve special recognition and our citizens need to realize the important contribution these businesses make to their communities," stated Jim Wallace, assistant director of the Kentucky Historical Society. "Any type or size of business can participate. We have funeral homes, banks, newspapers, general stores, insurance companies, manufacturers, restaurants and printing companies participating."

Once admitted into the program businesses receive:

- Statewide publicity
- Certificates
- Recognition at the Kentucky Industrial Development Council annual meeting
- Use of the Kentucky Centennial Business logo
- Complimentary one-year membership in the Kentucky Historical Society
- Advice and technical assistance in preserving historic business records and artifacts.

"We hope the program will encourage companies to save their historic records and artifacts; these materials help tell the story of Kentucky's economic history. Businesses make history, too, and that's something we want all Kentuckians to know," commented Wallace.

The Kentucky Centennial Business Program is now in its third year with more than 175 businesses involved. It is jointly sponsored by the Kentucky Chamber of Commerce, Kentucky Cabinet for Economic Development, Kentucky Education, Arts and Humanities Cabinet, and the Kentucky Historical Society.

Deadline for application is May 29, 1998. To obtain further information contact the Kentucky Centennial Business Program, Kentucky Historical Society, Box 1792, Frankfort, KY 40602-1792; 502-564-3016 (phone) / 502-564-4701 (fax).

HARDINSBURG'S Community Vision

Many communities use the comprehensive planning process to mold and clarify their community vision. The Hardinsburg Planning Commission recently completed the city's new Comprehensive Plan.

The Comprehensive Plan illustrates the planning policies for Hardinsburg into the next decade. The Plan analyzes demographic, housing, and economic trends for the city and county, and includes a Transportation Plan, Community Facilities Plan and Land Use Plan. The Land Use Plan illustrates existing and proposed future development patterns throughout the city. For more information contact the City of Hardinsburg or Andy Nevin, Regional Land Use Planner, LTADD.

U of L-Based Center State Lead Free Waste Reduction Workshop

North Central Kentucky businesses, industries, government agencies and educational institutions can learn more about reducing waste and buying recycled materials at a June 24 workshop in Elizabethtown.

The free Solid Waste Reduction and "Buy Recycled" Workshop will be presented by officials from the Kentucky Pollution Prevention Center, based at the University of Louisville, and the Kentucky Department for Environment and Sustainable Development will assist with the workshops.

Eleven workshops across the state this spring are made available through a U.S. Environmental Protection Agency grant to the Kentucky Department for Environmental Protection. The seminars are intended to help cities, schools, businesses and industries reduce solid waste and purchase materials with recycled content. Participants will discuss ways to organize local efforts to recycle and cut waste.

The regional workshop will run from 9:00 a.m. to 3:30 p.m., June 24 at the James Pritchard Community Center in Elizabethtown. The workshop is intended for the Lincoln Trail Area Development District, which includes the counties of Breckinridge, Grayson, Hardin, Larue, Marion, Meade, Nelson and Washington. During the training, KPPC will present a video about starting an industrial solid-waste reduction program. Filming was done at three northern Kentucky facilities: Sachs Mannesmann, Redken Laboratories Inc. and Van Melle USA Inc.

Workshop participants can receive a free interactive CD-ROM solid-waste reduction manual. The software is designed to help identify and quantify solid waste streams and to give ideas and options on cutting solid waste. Participants also will receive free manuals about purchasing recycled materials and starting a "Buy Recycled" program. To register, call Penny Williams at KPPC: 502-852-0965.

Brandenburg Water Improvement Project

The City of Brandenburg has been approved to submit an application to the Economic Development Administration (EDA) for \$750,000 in EDA funds for water system improvements due to damage caused by the flood of '97. Brandenburg was damaged both physically and economically during the flood. There was an emergency shutdown of the City Water Plant to prevent flood damage to the plant and water supply. However, there was significant damage to the water and sewer systems.

Currently, the City of Brandenburg operates its water treatment plant over 20 hours per day on a regular basis and 24 hours per day during periods of peak demands. The city's average daily usage is 525,000 gallons per day, while its maximum daily usage is at 560,000 gallons per day. This is due to the age, condition and limited treatment capacity of the plant. This extreme operating schedule severely affects the city's capability to perform routine maintenance and affects the reliability of the water system.

The project consists of a new 1.0 MGD Water Treatment Plant, water distribution system improvements and a new 300,000 gallon elevated storage tank. The proposed project will allow the city to commit, both their existing customers and potential customers, to a reliable, high quality source of potable water and to insure that sufficient water is available for fire protection throughout the service area. These improvements will also provide for increased economic development opportunities by alleviating and stabilizing a water system that is currently inadequate and unable to sustain commercial and industrial growth.

ANNOUNCING

1998-1999

State Preservation Grant Programs

The Kentucky Heritage Council is currently accepting grant applications for FY 1998-1999. State preservation grant funding is available in two categories — restoration/rehabilitation and archaeological projects. All grants are 50/50 matching grants, and local matching funds may be cash or in-kind services. The application deadline for the state preservation grant program is June 15, 1998.

For more information or application kits, please call Jan Johnston or Becky Proctor at LTADD (502) 769-2393 or contact the Kentucky Heritage Council (502)564-7005.

CITY HIGHWAY MAPS BEING UPDATED

The Kentucky Transportation Cabinet is currently in the process of updating the city highway maps for all cities in Kentucky. As the draft updates of the maps for cities in the Lincoln Trail district are completed by the Cabinet, they will be forwarded to LTADD to coordinate the review of these maps with local officials. The purpose of this coordinated review is to ensure the accuracy of street names and locations, city limit boundaries, and locations of major features within the city. Recently LTADD has been working with local officials in the cities of Bloomfield, Fairfield, and New Haven in Nelson County and Mackville, Springfield, and Willisburg in Washington County to review their maps and update them as accurately as possible. As the city maps are received by LTADD, we will be contacting local officials to set up meetings to review and update the maps.

Finley Ridge Water Extension Project Nears Construction

Mayes, Sudderth & Etheredge, Inc. Engineers wrote the original Community Development Block Grant (CDBG) application for the Finley Ridge Water Project; the administration of the project was recently given to Lincoln Trail Area Development District. The Marion County Water District, Marion County, Rural Development Administration; Mayes, Sudderth & Etheredge, Inc. Engineers; Salmon Plumbing, Inc. and Lincoln Trail Area Development District are working in unison to bring this project to fruition.

The project will bring water to approximately 97 new rural customers on Highview Pike, Dry Fork Road, Millen Hill Road, KY 527, Reynolds Hill Pike, Gault Hollow Road and St. Matthews Cemetery Road. The project will receive funding from the Rural Development Administration in the form of a \$249,000 loan and \$163,000 grant, and a \$302,000 grant under the HUD Community Development Block Grant (CDBG) program. In order to qualify for a Community Development Block Grant, at least 51% of the recipients must be low to moderate income.

Construction on the project began on March 24 and should be complete by July 27. Any questions concerning this project should be directed to Patrick Haggerty, Community Development Specialist, 502-769-2393.

Lincoln Trail Area Development District

Wendell C. Lawrence, Executive Director

(502) 769-2393

OFFICERS

Judge Bobby Brady
Chairman
Washington County

Mayor Richard Brandenburg
1st Vice Chairman
City of Vine Grove

Mr. Gene Spragens, Jr.
2nd Vice Chairman
Marion County

Mr. Wathen Claycomb
Secretary
LaRue County

Mayor Larry Gatewood
Treasurer
City of Irvington

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The Lincoln Trail Area Development District does not discriminate on the basis of race, color, national origin, sex, age, religion or disability, and provides, upon request, reasonable accommodation including auxiliary aids and services necessary to afford an individual with a disability an equal opportunity to participate in all services, programs and activities of the agency.

Lincoln Trail Area Development District
P.O. Box 604, 613 College Street Road
Elizabethtown, KY 42702

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