



# The Rail Splitter

Official Publication of the  
Lincoln Trail Area Development District

## Housing Opportunities for People Everywhere

During FY 95, a new program was implemented in the Lincoln Trail District. HOPE, Housing Opportunities for People Everywhere, made housing a new service which is offered through LTADD's Aging Program.

HOPE provides assistance with housing costs to persons who meet specific categories of need. What makes this program unique is that it includes the provision of supportive services along with housing. Currently, we have four families receiving assistance through our contract with the Kentucky Housing Corporation. These families include mother-daughter households, spouses, and widowed persons. Each participant has found that his/her quality of life has improved through participation in this program.

## Family Preservation



The Kentucky Department for Social Services Family Preservation and Support Services has received an allocation for Family Preservation Reunification Services. The allocation consists of Federal funds in the amount of \$500,000 in FY 96 and \$1,383,333 in FY 97. The existing family preservation councils have been selected to develop activities based on recommendations submitted by focus groups. These groups meet to discuss concepts and identify the greatest needs of their peers.

The Lincoln Trail Family Preservation Council has submitted to the Board of Directors, three areas toward which they would like to see the district's money allocated. Those areas are: Transportation, Child Care, and Housing. A notification of Request For Proposal (RFP) for the areas identified will be forwarded to providers after the first of the year.

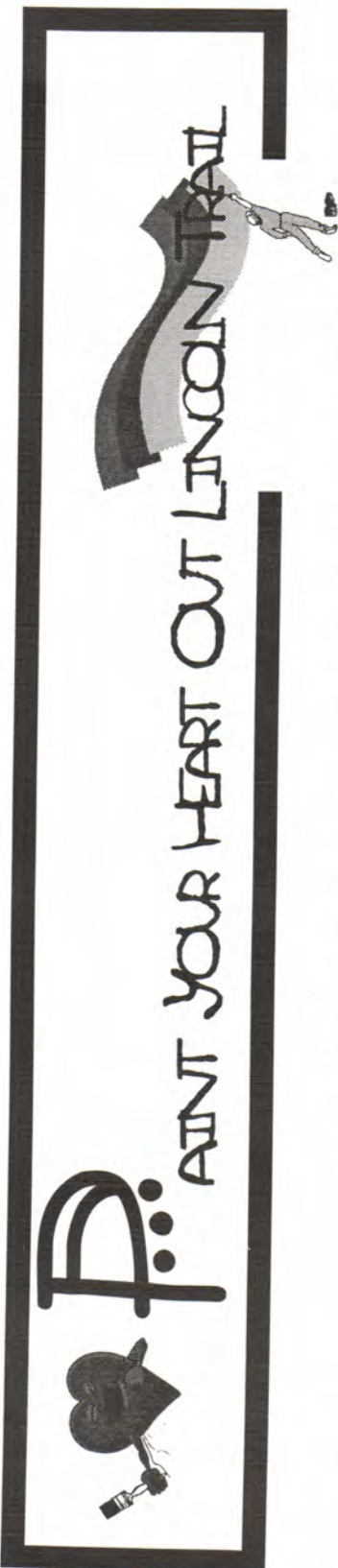
Because the multiple needs of children and families cannot be addressed adequately through categorical programs and fragmented service delivery systems, the new legislation encourages states to use this new funding as a catalyst for establishing an integrated service system that is culturally relevant and family focused.

In order to implement this service system, the Lincoln Trail Area is fortunate to have a Family Preservation Office located within the district. Their staff have been very instrumental in providing the council with information concerning the various aspects of Family Preservation, such as what it encompasses, how it assists families in alleviating stress, and successfully nurturing and keeping their children safe. Families are also helped to maintain a permanent home environment and in dealing with or avoiding crisis situations that might lead to the out-of-home placement of their children. For additional information, please contact the LTADD office and ask for Linda Harrison.

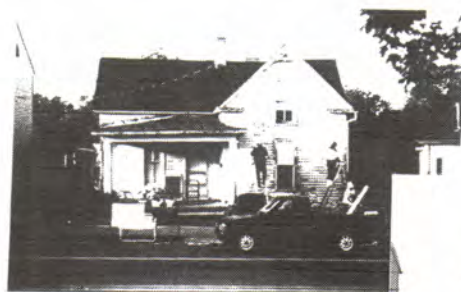
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The **PAINT YOUR HEART OUT** program was developed five years ago through the cooperative effort of GTE and the Lincoln Trail Area Development District. The purpose of the program was to assist older persons, with little or no financial or family support, to have the exterior of their homes painted. The Lincoln Trail HomeCare Team accepts referrals and assesses individuals in need of this assistance. A wide variety of community groups form volunteer teams and are assigned one house per team. Supplies and equipment needed for the painting are obtained through donations and the financial support of the various groups participating. Teams have come from banks, city and county government, civic and professional organizations, churches and various businesses. This is a tremendously successful low cost program that provides a service which helps the home owner, the participating businesses, the community and the volunteers. It can be easily duplicated in other communities, and we would be glad to assist anyone interested in helping to expand the program across the Lincoln Trail District. Call LTADD and ask for Revenia Buck should you have any questions or require additional information about this effort.



**BOBBY BRADY**  
COUNTY JUDGE EXECUTIVE  
P.O. BOX 126  
SPRINGFIELD, KENTUCKY 40069  
806-338-5410

October 17, 1995

Mr. Jim Greer  
Executive Director  
Lincoln Trail A.D.D.  
613 College Street Road 42701  
Elizabethtown, Ky

Re: Paint Your Heart Out

Dear Sir,

I don't think words can fully convey the gratitude of Mrs. Pearl Warner, myself and the people of Springfield and Washington County for the good deed of the employees of the Lincoln Trail Area Development District.

To be perfectly honest with you, last month at the A.D.D. meeting when you mentioned "Paint Your Heart Out", coming to Springfield, I hardly knew what you were talking about.

The following Saturday when the A.D.D. employees along with their volunteers rolled into Springfield, it didn't take long to figure out what was going on.

The one comment I am still hearing around town is "People just don't do things like that anymore". So I think our fine group of employees accomplished two things: 1. They helped a very fine lady financially unable to maintain her home which hopefully will allow her many more years of comfort in her own home, and 2. They are setting an example that there are people in the world that still care and are willing to give of their time for the benefit of others (an attribute that seems to have been lost in this world many years back).

Again, on behalf of everyone, including Mrs. Pearl Warner, Thank you, for one of the most compassionate and caring acts performed in Washington County in a long time.

From the Bottom of Our Hearts,  
Thank you

*Bobby Brady*  
**BOBBY BRADY**  
Washington Co. Judge Executive

MAGISTRATES  
Greg Simms  
Ernest R. Gott  
Hal Good  
Billy Koenig, Jr.  
Simmon Cambion  
Terry Tingle

BB/sac.paint



## REGIONALISM

# SERDI Council Adopts Principles for Delivery of Programs

In response to a request by several SouthEast Regional Directors Institute (SERDI) members, the SERDI Council of Peers organized a meeting in Charlotte, North Carolina on November 28, 1995, to discuss ways in which regional councils were or could position themselves to take an active role in the coordination or delivery of block grants; and to identify ways in which SERDI could be of assistance in the effort.

In addition to the Council members, state association staff members, and National Association of Development Organizations (NADO) and National Association of Regional Councils (NARC) staff were invited to participate.

The result of the day-long meeting was the development of five broad principles that can be used as a preamble to the development of a plan for block grant delivery and participation. The broad principles and the listing of common principles by which the broad principles were developed can be found below:

*Assure local government involvement in the decision making process including the allocation and delivery of funds.*

- \* Define role or designation of local entity for block grant delivery.

- \* Give local government a major voice in allocation of funding and decision making.

*Create a flexible framework for policy development that allows for the integration of program operation and service delivery.*

- \* A framework that is flexible so that it will work today and in the future.

- \* Integration of program operations and service delivery systems at the state, regional, and local level to be efficient.

*Encourage local, regional, and state partnerships to achieve economies of scale.*

- \* Partnering at local, regional, and state levels.

- \* Accountability, flexibility, neutrality, in partnering.

- \* Encouraging intergovernmental roles and achieving an economy of scale.

- \* Reasonable number of contact points (clearinghouse) for local governments statewide.

*Ensure the maintenance or establishment of a planning component at the regional level with funding being an outgrowth of the plan.*

- \* Maintaining or establishing a planning component at regional level with funding being an outgrowth of the process.

Use the existing regional system as the administer and delivery system.

- \* Use existing regional system as the administer of block grants.

- \* Tie into existing programs.

- \* Encouraging an intergovernmental role and economy of scale.

- \* Additional bureaucracy should be prevented. Do not create an additional level of bureaucracy at the state level.

- \* Councils can provide an efficient and cost effective way of delivering block grants.

- \* Use regional councils as the collaborative for local elected officials to implement block grant system.

- \* Allow local governments to deal with multi-county or regional problems at the grassroots level.

- \* Reasonable number of contact points (clearinghouse) for local governments statewide.

These principles are basic to any approach of regionalism and should be recognized as being at the "heart" of the Area Development District concept. Particularly in the notion of the recognition of problem-solving being a mission of organizations at the local level.

SERDI is an executive development, technical assistance, and networking association for the regional council executive directors from the southeast federal region. SERDI has been in existence since 1987, it is staffed through a contractual arrangement with the Institute of Community and Area Development (ICAD) at the University of Georgia. The LTADD is a member of SERDI.





# Players in the Planning Process

## The players in community planning include:

Planning Commissions  
Board of Adjustment  
Planning Staff  
Lawyers

Applicant  
Citizens  
The Community  
Local Legislative Bodies

With all these players, often the role of each is lost or misunderstood. However, to ensure that planning and zoning issues are properly (and legally) dealt with, the roles of these players should be well defined and consistently followed.

### Planning Commission

Develops and maintains the comprehensive plan and land use regulations; reviews development plans and subdivision plats (provides objective recommendations and conditions necessary for approval); oversees and provides recommendations to legislative bodies on applications for zoning map or text amendments.

### Board of Adjustment

Charged with addressing those issues that reach beyond the scope of the planning commission, often appeals to commission decisions. While the planning commission sets the policy and regulations, the Board of Adjustment reviews these policies and regulations. In Kentucky, the Board of Adjustment hears and decides cases such as: conditional use permits; zoning variances (for height, width, yard setbacks, open space requirements); and nonconforming use designations.

### Staff Planner

Acts as an information manager and process facilitator. Professional staff provides the commission, board and applicants with all the information regarding a project or certain issue. Often this information includes site analyses, statistical data as well as information concerning how well a project meets the necessary requirements and conditions (i.e., as in a zoning ordinance). The planner will often also be charged with the duty of providing information to the public and handling all applications and inquiries.

### Lawyers

Act as reviewers of the regulations developed by the planning commission. Many times the members of the planning commission will not have the needed legal background when developing zoning regulations. A lawyer ensures compliance with all applicable laws and requirements.

### Applicant

Develops and presents the proposed project. The applicant should work closely with the planning commission or its representative to ensure that all the proper steps are taken to meet the guidelines set forth by the planning commission and its regulations. The applicant should also look at potential affects or conflicts the new development may pose to existing developments.

### Citizens

The vocal neighbors of a project, either in support of or against its development. An individual or small group most likely becomes vocal as a result of the proximity of a particular development. These citizens provide a valuable input to the planning commission who may be unaware of the affects of a particular development at the neighborhood level as opposed to the community level.

### The Community

The silent client of the planning commission. While citizens often speak out on various issues, it is often merely because a project or regulation will affect them personally. The community may be affected, whether positively or negatively, yet there is not always anyone to specifically take into account the affect upon the community, as a whole. Therefore, the planning commission assumes this responsibility to consider not only the vocal neighbors of a project, but the projects overall affect on the community. The community includes all the citizens, businesses, industries, the natural environment, religious / educational institutions, visitors, and others affected by decisions made during the planning process.

### Local Legislative Bodies

Must act in support of the recommendations of the local planning commission to ensure the safety, health and welfare of the community. The local legislative bodies must work in conjunction with the planning commissions to develop regulations and requirements that will benefit the whole of the community.



## Transportation Enhancement Grants Awarded

Two Lincoln Trail ADD communities were recently awarded Transportation Enhancement grants under the Intermodal Surface Transportation Efficiency Act of 1991. The City of Elizabethtown and the City of New Haven were awarded \$200,000 each for their transportation related projects.

The City of Elizabethtown plans to use the grant to provide pedestrian facilities and scenic beautification along the Woodland Drive Corridor. The Corridor mainly consists of residential neighborhoods and medical facilities but it also acts as a bypass to the nearby Towne

Mall. This project will allow the City of Elizabethtown to realize the benefits of pedestrian safety and economic enhancement.

The City of New Haven and the Kentucky Railway Museum will use its grant to continue the stabilization, renovation, and preservation of one of Kentucky's oldest rail lines. The rail line serves as a source of historical demonstration rail ride and provides rail service to five industrial sites. The City will realize the benefits of historic preservation and economic enhancement due to this project.

## Transportation Inventory and Directory

The Lincoln Trail ADD staff has been conducting an inventory of the transportation system within the eight-county district over the past several months. This project is being undertaken in all 15 Area Development Districts throughout the Commonwealth in conjunction with the Kentucky Transportation Cabinet. The inventory is now being compiled into directory that will be available in January 1996.

The purpose of the inventory and directory is to educate the LTADD transportation committees and others of existing facilities within the

area and their connectivity within the LTADD and surrounding areas. This will also provide a basis for determining what type of facility/project should be added in order to enhance Kentucky's total transportation system.

If anyone is interested in obtaining a copy of the transportation directory just contact the LTADD office at (502) 769-2393.





## Lincoln Trail Pacesetter Recognized As "Most Accomplished"

Mr. Harold Osborne of Breckinridge County was congratulated by Governor Brereton Jones for his achievement of walking 1,457.5 miles during the 1995 Pacesetter program year. Mr. Osborne walks four miles every day in spite of having suffered a stroke.



## Long Distance Caregivers

Are you trying to care for an elderly family member by phone - long distance? Increasingly, families are separated by significant distances and yet are attempting to provide care for a loved one through the phone. Over the last year, our Case Management team worked with families in Florida, Illinois, Texas, Tennessee, New England, as well as other parts of our state to work out care arrangements and provide the link between older persons and

their long distance caregivers. In addition, we are also able to help caregivers in this state connect with agencies providing services outside of the state.

Long distance caregiving is a very difficult job. Having the assistance of professionals in the community, helps to make the task a little easier. For further information, contact the LTADD Case Management Team at 737-6084.



### Human Resources Section Welcomes New Staff Member

**Rhonda Chesser** joined the LTADD staff in October and replaced Vivian Lothery in the position of Aging Program Specialist. Rhonda takes on the responsibilities of financial monitoring and reporting for the Aging programs. She has a background in social work and was employed by CARITAS and Catholic Charities in recent years. We welcome her to the Lincoln Trail Area Development District.



Rhonda with her husband, Ray, and 2 1/2 year old son, Austen

### Healthwise For Life

With the November recommendation of the Aging Advisory Council and the approval of the Board of Directors, Lincoln Trail will be offering a new program for area senior citizens. This program is a health awareness and self education effort which provides information to older persons. Participants receive training through videos and reference books.

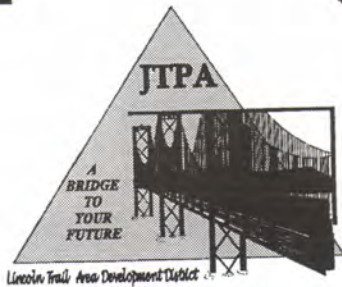
Healthwise for Life will be provided in each of the eight counties of the District through a contract with Central Kentucky Community Action Council. This approach of personal responsibility for health care is in keeping with the White House Conference on Aging's recommendations which encouraged self responsibility for health care.

### Senior Center Director's Training

The annual senior center director's training took place in Lexington on November 9-10. All eight counties of the District were represented at the training. This event serves as an important opportunity for staff to meet others working in their field and receive up-to-date information on issues of concern. This year's training covered topics from fund raising to participant recruitment and all things in between! Staff found the training to be beneficial and are looking forward to next year's meeting.



# What A Challenge!!!



## JTPA Summer Challenge Projects

A new eight-week project was in operation during the 1995 JTPA Summer Youth Employment Program. The Lincoln Trail Private Industry Council introduced the Summer Challenge Program to providers in its eight-county area.

There were seven projects that were funded during the summer; Meade County Board of Education (Muldraugh Pre-School Playground), Nelson County Board of Education (Project Greenscape), Nelson County Board of Education Family Resource Center (Resource Directory), Breckinridge County Board of Education (Construction and Landscaping), Cloverport Board of Education (Construction and Outdoor Biology Lab), Hardin County Board of Education (Video) and the Local Labor Market Area 7 School-To-Work Program (Company Newsletter, Painting of the ECC Student Center, Gazebo, Marketing Plan).

Approximately 60 participants were enrolled into the projects which proved to be very successful. The need for math and reading skills was shown as participants were required to make use of them in the jobs they performed. The project consisted of 100 percent work and 100 percent learning.

Major learning activities took place consistently on "real work" projects. A team approach was utilized with crews of six or more young people per Crew Supervisor. Throughout the summer, the crew tackled several different projects and thereby acquired and reviewed an array of useful transferable skills.

The participants thought being employed this summer gave them the opportunity to work with others as a team and to get insight into the world of work. They felt the Summer Challenge Program presented them with the opportunity to improve their skills in different areas, such as leadership skills, job skills and interpersonal skills.

The supervisors at each project felt that the projects gave the participants the opportunity to do things they had never done and to apply their skills to a higher order of thinking. They also thought the participants learned valuable working skills in the classroom which enabled them to apply those skills at the work site and prepared them for the outside world.

Sherry Johnson has watched teens work in the "straight work" JTPA summer programs for years, which are still in operation. But the Summer Challenge program is reaching youth in a different way.

"I see a different attitude in the kids," said Sherry Johnson, spokesperson for the Lincoln Trail Area Development District. "I think they feel more pride. They have something they're working toward."

The projects were part of a competency-based program that focused on helping youth to overcome barriers to employment. The objectives for the program were that youth would (1) understand the relevance of learning in connection with work, (2) maintain and increase existing skill levels, (3) add new skills, and (4) be exposed to new experiences and new ideas.

**PEOPLE**

**TRAINING**

**BUSINESS**

**INDUSTRY**

**Partnership**

**Action**





Area 7 School-To-Work Gazebo Project  
for Bowman Distribution

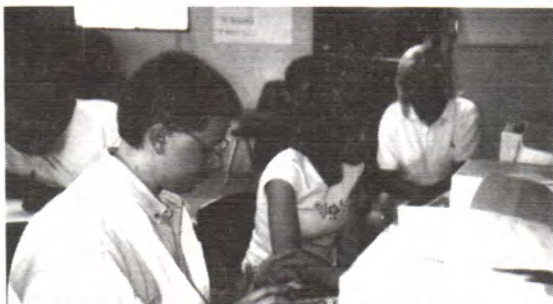


Area 7 School-To-Work Elizabethtown Vocational  
Technical School Marketing Plan Project



Nelson County Board of Education Family Resource  
Center Resource Directory in the making.

**F**  
**T**



Area 7 School-To-Work Company Newsletter for  
Crucible Corporation, Magnetics Division

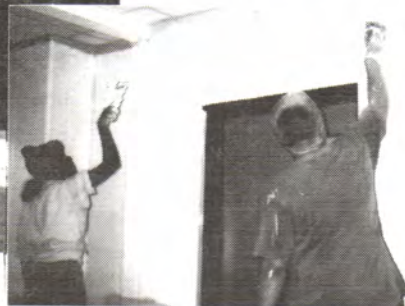


Cloverport Board of Education  
Construction Project

**P**  
**a**



Nelson County Board of Education  
Project Greenspace



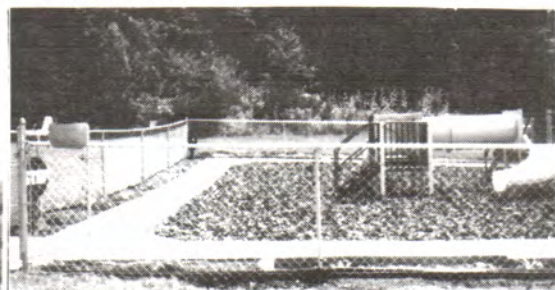
Area 7 School-to-Work  
Painting of the ECC Student Center



Nelson County Board of Education  
Project Greenspace



Cloverport Board of Education  
Outdoor Biology Lab



Meade County Board of Education  
Muldraugh Pre-School Playground



## Education and Training

J  
T  
D  
A

### On-the-Job Training Update

The JTPA program has implemented an On the Job Training (OJT) program for our eight county area. The occupations that the participants will be placed into are those that are in high demand within our region. These include but are not limited to: Carpentry, Machinist, Medical Secretary, Tool & Die, Accounting Clerks, and others. This training will teach job skills to JTPA participants as they work and earn a full salary. The participants interest, assessments, and Individual Service Strategy will determine what type of occupation that will best suit their needs. The OJT program will pay half of the participants salary up to a time period of six months or 499 hours while in training. The purpose of this program is for participants to learn a specific skill in hopes that the OJT employer will hire them on a full time basis upon completion of the training.

### Annual Conference

The 1995 JTPA Annual Conference was held November 1-3, 1995 at the University Plaza Hotel in Bowling Green, KY. Four of the Employment and Training Staff had the opportunity to attend this conference with our Executive Director James E. Greer; Sherry Johnson, Associate Director, Chris Berry, JTPA Fiscal Officer, Jackie Masterson, Intake Case Manager and Sheila Mann, Employment and Training Specialist. During the conference, the staff attended various sessions which included Labor Market Areas and Trends,

One-Stop implementation, Get a Grip, School - To - Work and a TQM Refresher. These sessions provided valuable information to everyone attending. The staff had an enjoyable time while attending the three day conference.

### Follow-up

Many efforts have been made by the staff to increase the follow-up rate with their participants. The follow-up rate is used to calculate performance standards for Adult JTPA participants 13 weeks after they leave the program. New developments include a set of postcards that will be periodically mailed to participants. It will begin at the time of enrollment into a program and continue for 3 months after they have been exited from JTPA. Also, a coffee mug with Eastern Kentucky University's (EKU) phone number and the date the participant will need to call is given during the exit interview between the Case Manager and participant. The exit interview will also include gathering additional information that will be necessary for follow-up purposes. The purpose of these developments is to inform and remind them that EKU will be notifying them 13 weeks after they're exited from JTPA to check on their employment status.

### Training Sessions

In efforts to upgrade the staffs knowledge of the JTPA program, staff members have been involved in various training sessions. These training sessions include Eligibility and Certification, Performance Standards / Follow-up, and OJT training. In January the staff will be receiving train-

ing in Laws and Regulations, and Case Management. Staff members feel that the training sessions have been a valuable learning experience. They not only learned new things, but have also been able to ask questions, and become more familiar with the Training and ReEmployment staff.

### Service Fairs

On October 19th, Case Managers Karen Wood and Julie Watson, and MIS Specialist, Vivian Heath participated in a service fair at the West Point Elementary School. The purpose of the fair was to educate the citizens of West Point of the services that are available in the Hardin County area. The JTPA booth was titled "JTPA Under Construction" and the three staff members dressed up in non-traditional roles for women. They were dressed as a construction worker, a painter, and a truck driver. Attendance was good and the evening was enjoyed by all who attended.

Staff members attended a service fair at the Grayson Co. High School on November 30th. This fair specifically targeted the mentally challenged graduating seniors. It introduced them to different programs that are available throughout South-Central Kentucky. Some of these programs included colleges, military and social service agencies.

The staff members that represented Lincoln Trail JTPA were Case Managers, Melanie Staderman and Karen Wood. They found

the fair to be educational, as many programs were represented. There were several in attendance and the atmosphere was festive for this pre-holiday event.

### JOBS

The Lincoln Trail Area Development District is happy to announce that it has recently received a grant from the Department for Social Insurance in the amount of \$3,600 dollars. This grant will be used to provide transportation for selected individuals that are participating in the JOBS program. Also, the Lincoln Trail Area Development District, in conjunction with the Department for Social Insurance, will be holding a Job Fair in Grayson County on January 23, 1996. The purpose of the Fair will be to introduce JOBS participants and local employer's to the benefits of participating in the Other Work Experience Program (OWEP).

### JOBS Life Skills Course

A new life skills course for JOBS participants will be taught by Staff member, Julie Watson. The course will influence the knowledge of the participant in areas of attitude, interpersonal skills, and job preparation. Students will identify priorities which will influence both their decision making and problem solving skills. These skills are to be applied in their everyday lives. Students will prepare for their future so they can join the workforce and become self-sufficient individuals.



# Lincoln Trail



# A. D. D.

|         |   |
|---------|---|
| 1/5     | Human Services Coordinating Council, LTADD, 1:30 p.m.               |
| 1/8     | One Stop Meeting for Local Labor Market Area #7, KY Tech, 1:00 p.m. |
| 1/10    | Kentucky Early Intervention Systems, LTADD, 4:00 p.m.               |
| 1/16    | Grant Writing Workshop, LTADD, 9:00 a.m.                            |
| 1/18    | PIC Executive Committee Meeting, LTADD, 11:00 a.m.                  |
| 1/24    | Lincoln Trail Municipal Clerks Meeting, LTADD, 10:00 a.m.           |
| 1/25    | Regional Planning Council Meeting, LTADD 6:30 p.m.                  |
| 2/2     | Human Services Coordinating Council, LTADD, 1:30 p.m.               |
| 2/6     | PIC Council Meeting, LTADD, 5:00 p.m.                               |
| 2/8     | JOBS Council Meeting, LTADD, 10:00 a.m.                             |
| 2/21    | LTADD Board of Directors Meeting, 2:00 p.m.                         |
|         | Kentucky Early Intervention Systems, LTADD, 4:00 p.m.               |
| 2/28    | Lincoln Trail Municipal Clerks Meeting, LTADD, 10:00 a.m.           |
| 3/1     | Human Services Coordinating Council, LTADD, 1:30 p.m.               |
| 3/20    | LTADD Board of Directors Meeting, 2:00 p.m.                         |
|         | Kentucky Early Intervention Systems, LTADD, 4:00 p.m.               |
| 3/17-20 | SETA Conference, Asheville, N.C.                                    |
| 3/27    | Lincoln Trail Municipal Clerks Meeting, LTADD, 10:00 a.m.           |

## Inaugural Festivities

As an officer of the Kentucky Council of ADDs, our Chairman, Judge Tom Moorman, participated in the Fifty-Fifth Inaugural festivities in honor of Governor Paul E. Patton held in Frankfort on Tuesday, December 12, 1995. District bands representing Breckinridge County, Meade County, Grayson County, and Elizabethtown High Schools added their "joyful notes" to the celebration as well. We are also proud that a resident of our District will serve as a Constitutional Officer in Frankfort — John Kennedy Hamilton, State Treasurer. Kennedy resides in Bardstown with his wife Mimi and their five children. Congratulations!



The Rain Spitter





# **Lincoln Trail Area Development District**

**James E. Greer, Executive Director**

**(502) 769-2393**

## **OFFICERS**

**Judge Tom Moorman  
Chairman  
Breckinridge County**

**Judge Bobby Brady  
2nd Vice Chairman  
Washington County**

**Judge Tommy Turner  
1st Vice Chairman  
LaRue County**

**Mayor Richard Brandenburg  
Secretary  
Vine Grove**

**Gene Spragens, Jr.  
Treasurer  
Marion County**

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The Lincoln Trail Area Development District does not discriminate on the basis of race, color, national origin, sex, age, religion or disability, and provides, upon request, reasonable accommodation including auxiliary aids and services necessary to afford an individual with a disability an equal opportunity to participate in all services, programs and activities of the agency.

**Lincoln Trail Area Development District  
613 College Street Road  
Elizabethtown, KY 42701**

Bulk Rate  
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