



# The Rail Splitter

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## "Old Falls" Mill Complex Restoration



Recently, a varied group of people gathered to discuss the past. In this case the past is an old mill site dating from the early 1800's in **Falls of Rough, Kentucky**. A great deal of interest has been shown in the area for many years, and on March 4-6, 1995 the spotlight was on the old mill site and Falls of Rough, Kentucky.

The Kentucky Heritage Council has long been interested in the preservation of the site and together with representatives from across the country, experienced in working with historic properties, formed a team to study potential of the area. The group, adopting the name the Falls of Rough Re-

source Team, spent the weekend gathering information from different local resources and representatives as well as walking around the site and investigating the Mill. On Monday, March 6th, the Resource Team presented their findings to a crowd of interested local residents and others at the Rough River State Park Lodge.

The Resource Team was comprised of Becky Shipp, Manager of the Site Development Program for the Kentucky Heritage Council; Don Rypkema, a Real Estate Economist from Washington, DC, specializing in historic properties; Amy Horowitz-Ware, a Tourism and Marketing Consultant from Albuquerque, NM, on the staff of the National Trust for Historic Preservation; Ann Trimble, Director of the Division of Development Finance, Department of Local Government; Julie Martin, from Henderson, KY, a consultant with the Kentucky Mainstreet Program; Kerry Albert, an architect with the Kentucky Heritage Council and a number of landscape architecture students from the University of Kentucky.

Once complete, it is anticipated that the Mill Complex will serve as a historic, scenic, educational, environmental, recreational, and financial resource for the area. The team looked at every aspect of the project from the restoration of the mill for educational and tourism purposes to the development of a restaurant, commercial operation, and a bed and breakfast on the site. Ultimately, the establishment of walking/nature trails, canoe expeditions, and fishing areas will help to develop the site into a recreational resource.

The Resource Team also investigated financing options for the restoration of the mill. The Lincoln Trail Area Development District is currently in the process of putting together an Intermodal Surface Transportation Efficiency Act (ISTEA) application to provide the major portion of the funding for the mill restoration.



# Welcome to new staff members . . .



Lynn Skaggs, HomeCare Case Manager;  
Jean Greathouse, Aging Program Assistant; and  
Matt Keiser, HomeCare Case Manager



April Cox and Shannon Stith  
Secretaries



Doug Delaney, Community Development Specialist; Kim Meyer, Regional Land  
Use Planner; Beth Jefferson, Public Administration Specialist; and Mike Skaggs,  
Community Development Specialist

## Grant Opportunity: Community Rivers and Streams Program

The objective of the Community River and Streams Program is to promote community and local government participation in the restoring, maintaining and enhancing of local and regional river resources and their accompanying watersheds, streams, and riparian areas. Eligible activities include: the development of river, stream, and watershed protection strategies, activities to promote tourism, recreation, historic preservation, economic development and other river related opportunities, as well as river and stream cleanups.

Noneligible activities are water infrastructure development such as river bank stabilization, channelization, dredging, bridge or dam repairs, boat ramps or piers. The program does not allow the monies to be spent for maintenance or operation of single purpose drainage control plan or riverfront development plans.

The maximum grant amount is \$5,000. No match is required but is encouraged and may include in-kind services. The deadline for project submission is May 19, 1995. The program was authorized by the 1992 Kentucky Legislature to provide local governments with "seed grants." In other words, the purpose of the grant was to provide an opportunity for the development of local river and stream stewardship programs. The goals of the program are to promote an intergovernmental approach to management of water resources which would include the efforts of property owners, citizen groups and governmental agencies. Ultimately, the grant hopes to accomplish the building of citizen based support groups that will continue beyond the life of the grant.

The grants will be awarded on a competitive basis by the Rivers and Streams Coordinating Committee using rating criteria developed for the program. If you would like to apply for the grant or have any questions call LTADD and ask for Beth Jefferson, Public Administration Specialist.

### 1995 Annual Meeting Announcement

The Board of Directors of the Lincoln Trail Area Development District has announced that the 1995 Annual Meeting will be held on Wednesday, April 19, 1995, at the Pritchard Community Center, 404 South Mulberry Street, in Elizabethtown. The featured speaker for the event will be United States Representative Ron Lewis of the Second Congressional District.

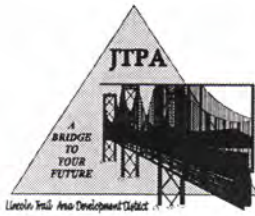
Further information may be obtained by contacting James E. Greer, Executive Director, at the Lincoln Trail offices.

### Inside...

Old Falls Mill Complex Restoration .....	1
Welcome New Staff Members .....	2
Summer Challenge .....	3
Maximum of \$500,000 Set for Most SBA 7(a) Loans.....	3
KCADD Opens New Office.....	3
May - Older America's Mo .....	4
Gold Ribbon Month.....	4
Block Granting of Senior Nutrition Program .....	5
What's New in Homecare?.....	5
Housing News.....	6
Planning Efforts Take Off in LTADD.....	6
LTADD Regional Planning Council.....	7
Transportation News.....	7
Municipal Clerks Association Notes.....	8
County Budget Planning Workshop.....	8
Dates of Interest.....	9
Flying Anyone?.....	9



## Summer Challenge



The Lincoln Trail Private Industry Council plans to operate a new integrated work and learning program this summer entitled, "Summer Challenge." The PIC hopes to operate up to five Summer Challenge learning sites and serve approximately 100 youth in this component.

This new component to the summer youth program is all about learning to learn, learning to work and working to learn in real context situations. The Summer Challenge Project is an academic enrichment program that involves using "work-based learning" strategies totally integrating work and academic learning. This program will consist of a mix of 100 percent work and 100 percent learning. Summer Challenge will be an eight week project and is expected to begin on or about May 22, 1995 and end prior to August 15, 1995.

Major learning activities will take place consistently on "real work" projects. A team approach may be utilized with crews of six or more young people per Crew Supervisor. Throughout the summer, a crew may tackle several different projects and thereby acquire and review an array of useful, transferable skills.

## Maximum of \$500,000 Set for Most SBA 7(a) Loans . . .

Due to an unprecedented demand for loans by applicants, the Small Business Administration (SBA) implemented a \$500,000 ceiling for all loans made under the 7(a) guaranty loan program except for a few specialized finance programs.

The modification, which marks the first time the agency has actually limited the maximum qualifying amount, took effect on January 1. Prior to the change, loans of any dollar value could be considered for an SBA guarantee, although the agency's guarantee could not exceed \$750,000.

The exceptions to the modification are SBA's Export Working Capital, GreenLine Asset Based, Defense Diversification and Pollution Control loan programs. The ceiling will have no effect on the 504 Certified Development Company Loan program.

This action is being taken to ensure that adequate funding is available for the balance of the fiscal year. SBA loan volume is running at an average rate of \$38 million per day, the highest demand for 7(a) loan guarantees in history. Without this change, the \$7.8 billion in currently available funds would be exhausted prior to the end of the fiscal year.

Questions concerning this policy change should be directed to the Small Business Administration Finance Division - 502/582-5971

## KCADD Opens New Office (Excerpts taken from 3/8/95 KCADD News Release)

On March 8, 1995, the Kentucky Council of Area Development Districts (KCADD) announced the opening of an office in Frankfort to represent the KCADD and the Kentucky Area Development District Director's Association.

The Information Director of the new office will be former Fulton County Judge/Executive, James M. Everett. Everett previously served as Executive Director of Kentucky's Disaster and Emergency Services (DES), Chairman of the State Emergency Response Commission, and Chairman of the Governor's Earthquake Hazards Safety Technical Advisory Panel. Nationally, he has served as an officer and Board member of the international Mississippi River Parkway Commission, St. Paul, Minnesota and Board member of the National Association of Development Organizations (NADO), Washington, DC.

As Information Director, Judge Everett will serve as the 'eyes and ears' for the ADDs and local government in Frankfort and Washington, says KCADD Chairman, Trimble County Judge Jack Couch.

"I look forward to working in partnership for the ADDs with the County Judge/Executives and Magistrates Associations, Kentucky Association of Counties, Kentucky League of Cities and other representatives of local government to expand our effectiveness and develop further positive coalitions. We fully expect our presence in Frankfort for the ADDs and local government will make a difference," said Everett.





## UpComing Events in the . . .

# HUMAN RESOURCES SECTION

## May - Older American's Month

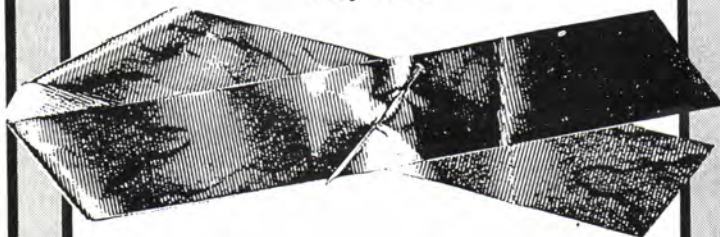
As you know, May is *Older American's Month*. To celebrate the event in Lincoln Trail, we will be holding our ninth annual Senior Celebration. Senior Celebration is a day long recognition of the achievement, activities and interests of our communities' older citizens. This year's theme is: "Looking Better Than Ever." Events taking place during the Celebration will be:

***Presentation of Pacesetter Awards***  
***Ninth Annual District-Wide Rook Tournament***  
***Bingo***  
***Educational Programs***  
***Musical Entertainment***  
***Makeovers and Glamour Photos***

Sign-ups will begin for the next year of Pacesetters, which is a health promotion activity encouraging walking. Recognition is for those walkers age 55+ who have achieved walking over 500 miles in a year.

Lunch will be served at the Pritchard Community Center. Please plan to join us in this celebration which will be held at the Pritchard Community Center in Elizabethtown on May 18, 1995 from 9:00 a.m. to 3:00 p.m.

Join us  
in paying tribute  
to the  
*"Golden Years"*  
Celebrating  
**OLDER AMERICAN'S MONTH**  
May 1995



*Lincoln Trail Area Development District  
Area Agency on Aging  
and Canteen At Your Service*

## Gold Ribbon Month

In recognition of Older American's Month, we invite everyone to wear a gold ribbon. Ribbons will be available from your local senior citizen centers during the last week of April and during the entire month of May. When stopping by to pick up your ribbon, we encourage you to consider making a contribution to the senior center. Contributions will be used to support the nutrition program which provides meals to older people in our communities. Currently, close to one hundred persons are on a waiting list for



A regional planning council is presently being organized to serve the Lincoln Trail District. This council is mandated by KRS 147 and its members are comprised of representatives from all of the Planning Commissions in the district.

The purpose of the council is to provide the region with a body to coordinate the planning and land-use activities occurring in the district. The council will act in an advisory capacity and members will review all planning and land use studies and documents to ensure that all plans or land use controls are compatible with others in the area and the Kentucky 2001 Strategic Plan.

The council will have the opportunity to comment and make recommendations on all such projects as well as produce regional plans for the district. A council of this nature will also provide a forum of planners and commissioners, local zoning administrators and other staff.

The Planning Commissions in the district have been asked to appoint someone to the council and an organizational meeting will be held at 7:00 p.m., Wednesday, May 3rd at the LTADD office.

## TRANSPORTATION NEWS

### Transportation Committees

Under the direction of the ISTEA (Intermodal Surface Transportation and Efficiency Act) program of the Federal Government and the Kentucky Transportation Cabinet, the Lincoln Trail Area Development District has assumed the lead role in the formation of local committees to discuss and prioritize local and regional transportation needs.

The LTADD has brought together interested persons from a variety of backgrounds in establishing the local committees in each of the eight counties. The members of these committees will be responsible for establishing the transportation priorities for their local area. In turn, the issues and recommendations made by these local committees will be brought to the regional committee, comprised of representatives from the local committees. The issues and recommendations made at the local level will be discussed and prioritized on a regional basis.

### ISTEA Grant Recipients

Three LTADD communities received grants through the Intermodal Surface Transportation Efficiency Act (ISTEA) in early February. **The City of Elizabethtown** received two grants, one in the amount of \$250,000 and a second grant of \$20,480. The larger grant will be used for making facilities along the Woodland Drive area more pedestrian friendly with the installation of better sidewalks, street lighting and other landscaping. The second grant received by the City in the amount of \$20,480 will be used to reconstruct a head wall under Ring Road at the north end of Freeman Lake. Additionally, a guardrail will be installed along Ring Road, and a handrail along the walking trail surrounding the lake will be added to enhance this trail's safety.

**The City of West Point**, received a \$120,000 grant to turn the former Applegate Chevrolet auto dealership and garage at Fourth and Main Streets into a museum and interpretive center for Fort Duffield, Camp Knox and the City.

**The City of New Haven** received a \$261,600 grant for the Kentucky Railway Museum. The grant money will be used to improve 17 miles of railroad from New Haven to Boston, replace two railroad crossings and improve two others.

Once the regional committee has made its recommendations, the needs will be passed on to the LTADD and the District #4 Transportation Office for their recommendation and prioritization. Upon completion of the review by the LTADD and the District #4 Transportation Office, the recommendations will be sent to the Kentucky Transportation Cabinet for final review on a statewide basis.

The local committee concept has grown from the interest of the Federal Government and the Kentucky Transportation Cabinet in a grassroots approach to the identification of the area's transportation needs. The committees will be concerned with various long range transportation issues at both a local and regional level. Immediate issues of the committee will include a review of the ISTEA program and the discussion and prioritization of projects to be included in the Statewide Transportation Plan and the Unscheduled Needs List.



# Municipal Clerk's Association Notes

The Lincoln Trail Area Clerks Association held their monthly meeting on March 22, 1995 at LTADD. Russell Mays, LTADD Computer Specialist presented information on Internet opportunities, smart computer software shopping techniques to an enthusiastic group. Mr. Mays emphasized that selecting the right program for utility billing and accounting is a slow process. The selection entails carefully examining all the options in order to find a program that will meet the needs of the constantly changing municipality. There are two basic categories that most utility programs will fit: custom designed and commercial designed.



The pros of custom designed programs, according to Mr. Mays, is that they offer fast solutions to your needs and on the average tend to be cheaper. But he cautioned that there are numerous cons to custom designed programs. Some of the cons are that they tend to be a short term fix only; that support of the program can be limited; updates are expensive; and that the information cannot easily be transferred.

The commercial designed program, according to Mr. Mays, offers more pros and fewer cons than the custom designed program. There are five strong reasons to consider the commercial program. First, the user support is more readily available. Secondly, user training support is more readily accessible. Third, many other municipalities are using these programs which adds to the confidence measure that the program will be supported long term and others are using it successfully. Fourth, the commercial program is considered a long term solution to city needs. The program will provide the flexibility to allow quick and efficient alterations to meet the changing needs of communities. The final pro is that information can easily be transferred to other places in the form of standard file format. The major con of the commercial designed program is the cost.

The main topic of business at the meeting was the discussion of the 1996 Kentucky Municipal Clerks Association Spring Conference to be hosted in Bardstown by the Lincoln Trail Clerks. The event will offer excellent informational sessions as well as a dinner train excursion for participants. The next meeting of the Clerks will be the 19th of April from 10:00 a.m. till noon. All municipal clerks in the region are invited to attend. For more information call LTADD and ask for Beth Jefferson, Public Administration Specialist.

## County Budget Planning Workshop



Pictured are Thom Armstrong and Tom Dobson at the far left and Barbara Buechler (Speaking) from the Department of Local Government

A County Budget Workshop was sponsored by the LTADD and the Department of Local Government on the morning of March 7th. The workshop was attended by many area Fiscal Court members, Judge Executives, and financial officers across the region. The attendees actively participated in the seminar gaining a wealth of information from both the presenters as well as suggestions of techniques from fellow participants to make the budgeting process easier.





## *Block Granting of Senior Nutrition Program Overturned Through Nationwide Grassroots Effort*

Citizens, staff, members of the Lincoln Trail Board of Directors and Aging Advisory Council recently took part in a successful advocacy effort to keep the Older American's Act whole. As a part of the Contract with America, the 104th Congress proposed including the Senior Nutrition Program in a block grant which included the food stamp program, WIC, and school lunch programs.

Block granting the Senior Nutrition Program would have resulted in a complete change in the delivery of services to participants. Along with a funding reduction, participants receiving nutrition services would have been required to meet income guidelines. Our current system does not permit means testing, assisting in maintaining the dignity of older persons who are nutritionally at-risk. The Lincoln Trail program raises over 15% of the nutrition program budget through client donation, community contributions and other in-kind support of this valued service. Through our comprehensive service delivery system participants receive a variety of services as a function of their participation, had the proposed changes taken place, these services would have been fragmented from the central system now in place.

The grassroots work of our community, along with others nationwide, resulted in the maintenance of a time tested, low cost, and very successful program which serves to enhance the quality of life for senior citizens of this nation.

### *What's new in Homecare?*

Every day, the Lincoln Trail Area Development District receives calls from older individuals in need of services. Often these persons must be placed on a waiting list for services as current levels of funding are not sufficient to address the ever increasing demand.

HomeCare staff have begun to plan for a new volunteer program which will be designed to address some of the unmet client needs. This program will provide clients with the security of knowing that volunteers have been screened, trained and will be supervised.

Services which will be addressed through this effort include:

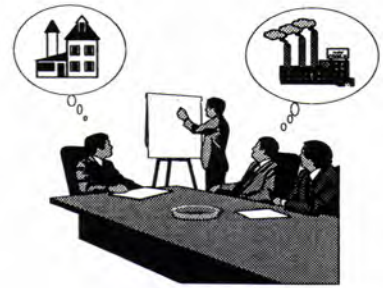
*CHORE: heavy housework*  
*RESPIRE: relief for a caregiver*  
*ERRANDS: shopping, banking, etc.*  
*FRIENDLY VISITING: companionship*  
*ESCORT: transportation and accompaniment*  
*YARD WORK: mowing, raking leaves, landscaping*  
*SITTING: temporary supervision for short periods of time*



Our volunteer coordinator, Vickie Bell (also a volunteer), will assist with all program activities. She is supported by Rev. Barbara Brown of the Lighthouse Mission Church, Vine Grove. To make a referral or to become involved in this effort, please contact LTADD at 502/769-2393 and ask for Revenia Buck.



# Community HOUSING NEWS Development



## Non-Profit Housing Corporation

The staff of the LTADD has made initial contacts and steps toward establishing a non-profit housing corporation/CHDO (Community Housing Development Organization). The "Lincoln Trail Housing Corporation" (LTHC) will provide low and very low-income persons with decent, safe, and affordable housing options.

Due to the absence of a regional non-profit housing corporation, the housing needs of low and very low-income persons are not being met in many areas of the district. By establishing a CHDO to work within the entire region, the LTADD feels the housing needs of the area will be better served.

Currently, housing needs of the area are discussed and evaluated at the local level. Local organizations and groups have been formed to serve only in select areas or cities that have the finances or personnel to initiate such endeavors. Many of the smaller cities and less populated areas of the LTADD are in need of safe and affordable housing for low and very low-income persons. Unfortunately, these communities and areas lack the financial backing or expertise to carry out such endeavors.

Formation of a non-profit housing corporation to serve the entire area will allow this entity to carry out those aspects that the smaller communities and less

populated areas are currently unable to undertake. As a result, the low and very low-income residents of the LTADD will have a greater opportunity for safe and affordable housing.

Upon successful establishment of the CHDO, the organization will apply for 1995-96 funds to finance projects and programs selected by the CHDO Board of Directors. These projects will be selected based on the best interest of the low and very low-income residents and housing needs of the region.

The LTHC will seek to establish itself as the regional agency for assisting low and very low-income persons in attaining safe and affordable housing. The LTHC will outline a long range plan for meeting present and future housing needs for the area. A network of local housing groups, social service providers, and financial interests will be formed to meet the long term goals of the LTHC.

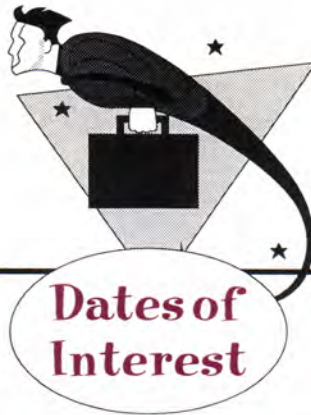
It is the ultimate goal of the LTHC to become a CHDO, whereby previous projects will create a pool of resources to fund future activities. The LTHC will continue to work with KHC in expanding programs or developing new programs in the future to better serve the region as housing needs evolve.

## Planning Efforts Take Off in the LTADD

Since the addition of the Regional Land Use Planner position last September, the community development division has been overwhelmed with requests to assist the communities in the ADD with their planning efforts. We are currently working closely with the cities of Vine Grove, Hardinsburg, Hodgenville, and West Point, as well as Washington, Meade and Larue County assisting them with their comprehensive plans, zoning ordinances and subdivision regulations. The Hardin County Planning and Development Department has also recently requested our assistance on the housing section of their comprehensive plan.

The staff is also making every effort to meet with the executives and legislative bodies in those communities which do not yet have planning in their area, but are considering starting a Planning Commission. If anyone wants us to come and make a presentation to them and their city council or fiscal court, please feel free to contact us and we'll be there. We are also ready and willing to answer everyday-type planning or zoning questions, so give us a call.





## Dates of Interest

<i>April 2-4</i>	<i>National Association of Development Organizations (NADO), Washington, DC</i>
<i>April 4</i>	<i>Private Industry Council (PIC) Meeting, LTADD</i>
<i>April 5</i>	<i>City Budget and Tax Workshop, LTADD</i>
<i>April 14</i>	<i>Good Friday - LTADD Office Closed Half Day</i>
<i>April 19</i>	<i>LTADD ANNUAL MEETING OF THE BOARD OF DIRECTORS</i>
<i>April 23-25</i>	<i>Southeastern Regional Directors Institute (SERDI), Williamsburg, VA</i>
<i>April 26-28</i>	<i>EKU Local Management Conference, Lake Cumberland State Resort Park</i>
<i>May 4-5</i>	<i>Geographic Information System (GIS) Conference, Drawbridge Inn</i>
<i>May 11-12</i>	<i>Northern Kentucky ADD Public Management Conference, Boone Co. Cooperative Extension Office</i>
<i>May 11-13</i>	<i>Kentucky Chapter of American Planning Association (KAPA) Spring Conference, Ken Lake</i>
<i>May 10</i>	<i>Lincoln Trail Area Clerks Association Meeting, LTADD</i>
<i>May 19</i>	<i>Senior Celebration, Pritchard Community Center</i>
<i>May 23</i>	<i>Election Day</i>
<i>May 29</i>	<i>Memorial Day Observance, LTADD Office Closed</i>
<i>June 1-3</i>	<i>Rough River Board of Directors Training Session, Rough River State Resort Park</i>
<i>June 6</i>	<i>Private Industry Council (PIC) Meeting, LTADD</i>
<i>June 6-9</i>	<i>Governor's Local Issues Conference, Drawbridge Inn</i>
<i>June 14</i>	<i>Flag Day</i>
<i>July 14</i>	<i>CDBG - Public Facilities, Housing and Community Project APPLICATION DEADLINE</i>

## Flying Anyone?

Paraphrased from Saint Catharine College News Release, 3/6/95

Saint Catharine College President, former Kentucky Governor Martha Layne Collins announced a program to offer college credit in the field of aviation, which will include ground and flight training courses in concurrence with other college academic requirements. This program is a cooperative effort between the College, the Air Board of Marion and Washington Counties and the Aero-Tech Corporation of Lexington, KY. Admissions will begin this fall for an initial class of twenty students.

Students will receive an associate of applied science degree in aviation science and have a minimum of 65 credit hours following completion of program requirements. Technical and vocational flight training, in addition to associated ground courses, will be provided through an arrangement with the Marion-Washington County Air Board and Aero-Tech, a Federal Aviation Agency (FAA) approved flight training school. For further information, contact Denise Page at 606/336-5082.



**Lincoln Trail Area Development District**  
**James E. Greer, Executive Director**

**OFFICERS**

*Judge Tom Moorman, Chairman*  
*Breckinridge County*

*Judge Bobby Brady, 2nd Vice Chairman*  
*Washington County*

*Judge Tommy Turner, 1st Vice Chairman*  
*LaRue County*

*Mayor Richard Brandenburg, Secretary*  
*Vine Grove*

*Gene Spragens, Jr., Treasurer*  
*Marion County*

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The Lincoln Trail Area Development District does not discriminate on the basis of race, color, national origin, sex, age, religion or disability, and provides, upon request, reasonable accommodation including auxiliary aids and services necessary to afford an individual with a disability an equal opportunity to participate in all services, programs and activities of the agency.

*Lincoln Trail Area Development District*  
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